

MALE | U23 OUTDOOR TF + ROAD


LAST UPDATED: 2024-08-16

EVENT	RECORD		ATHLETE	YOB	CLUB	LOCATION	DATE
100m	10.36	0.6	 Jerome Blake	1995	OACS	Langley, BC	06/05/2015
200m	20.52	1.7	Callum Robinson	2001	UNBC	San Jose, CRC	07/23/2023
400m	45.83		Shane Niemi	2004	KAML	Havana, CUB	07/19/1997
800m	1:45.74		Matti Erickson	2003	KCTC	Gresham, OR	06/09/2024
1000m	2:19.05		Simon Hoogewerf	1963	KJAK	Nice, FRA	08/20/1984
1500m	3:38.76		Charlie Dannat	1999	SFUT	Montreal, QC	06/29/2021
Mile	3:58.27		Ryan Hayden	1982	UNBC	Portland, OR	05/18/2002
3000m	7:45.50		 Kieran Lumb	1998	UBCT	Boston, MA	02/15/2020
3000mSC	8:36.55		 John Gay	1996	UBCT	Los Angeles, CA	05/18/2017
3000mRW	11:41.23		  Benjamin Thorne	1993	WALK	Surrey, BC	06/17/2012
5000m	13:40.30		 Cameron Levins	1989	CXVC	Des Moines, IA	06/11/2011
5000mRW	19:00.92		  Benjamin Thorne	1993	WALK	Vancouver, BC	04/05/2014
10000m	28:17.55		 Kieran Lumb	1998	UNBC	Burnaby, BC	11/21/2020
10000mRW	39:55.52		  Benjamin Thorne	1993	WALK	Coquitlam, BC	07/15/2012
20000mRW	1:24:48.00		  Inaki Gomez	1988	WALK	Coquitlam, BC	06/22/2010
100mH 1.07m	13.96	1.1	Carter Birade	2003	UNBC	Fullerton, CA	05/13/2023
400mH 0.76m	52.89		Nick Blackburn	1993	CXVC	Kamloops, BC	08/09/2011
High Jump	2.27		Michael Mason	1986	VRTC	Windsor, ON	07/15/2007
Pole Vault	5.30		Ryan Vu	1988	UNBC	Austin, TX	05/29/2010
Long Jump	7.49	1.5	Mark Ramos	1982	KJAK	London, ON	08/22/2002
Triple Jump	16.49	1.1	Praise Aniamaka	2003	TBIR	Ann Arbor, MI	05/12/2024
Shot Put 7.26K	17.97		Michael Ogbeiwi	2003	UNBC	Walnut, CA	04/18/2024
Discus Throw	54.60		 Dylan Armstrong	1981	KAML	Montreal, QC	07/18/2000
Hammer Throw 7.26K	84.38		  Ethan Katzberg	2002	KAML	Nairobi, KEN	04/20/2024
Javelin Throw 800G	78.32		 Curtis Moss	1987	TBIR	Copenhagen, DEN	08/06/2009
Decathlon	7601		Rostam Turner	1995	OACS	San Salvador, ESA	07/17/2016
11.08 (-0.4) / 7.03m (1.1) / 13.11m / 1.91m / 48.97 / 15.85 (0.1) / 45.40 / 4.60m / 57.60m / 4:43.28							
ROAD							
5K Road	14:13		 Kieran Lumb	1998	UBCT	Vancouver, BC	04/16/2019
8K Road	25:22		Dylan Haight	1991	PATH	Saanichton, BC	01/10/2010
10K Road	28:44		  Jeff Schiebler	1973	KJAK	Los Angeles, CA	11/20/1994
5K Race Walk	20:15.00		  Benjamin Thorne	1993	WALK	Beijing, CHN	08/30/2015



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10K Race Walk	40:16.00	  Evan Dunfee	1990	WALK	Calgary, AB	06/30/2012
20K Race Walk	1:19:57.00	  Benjamin Thorne	1993	WALK	Beijing, CHN	08/23/2015
Half Marathon	1:06:04	Brandon Lord	1992	UNBC	Athens, GA	10/19/2014
Marathon	2:37:34	Evan Elder	1992	UNBC	Eugene, OR	07/27/2014

