



BC 5K Road Race Championships hosted by St Patrick's Day 5K Saturday March 15th, 2025

Senior Women

Position	Time	Name	Club
1st	16.05	Glynis Sim	Vancouver Thunderbirds
2nd	16.10	Malindi Elmore	UBC Okanagan
3rd	16.16	Holly Macgillivray	Vancouver Thunderbirds

Senior Men

Position	Time	Name	Club
1st	14.26	Thomas Broatch	Vancouver Thunderbirds
2nd	14.50	Jaiveer Tiwana	Vancouver Thunderbirds
3rd	14.52	Christina Gravel	Vancouver Thunderbirds

Master Women

Position	Time	Name	Club
1st	18.16	Robyn Poulin	Vernon AAA
2nd	18.35	Melanie Van Soeren	Vancouver Falcons
3rd	19.02	Katherine Watson	Vancouver Falcons

Master Men

Position	Time	Name	Club
1st	15.39	Ryan Hayden	Penticton Track and Field Club
2nd	15.55	Craig McMillan	Unattached
3rd	34.14	Aaron Holgren	Peninsula Track and Field Club

Female U20

Position	Time	Name	Club
1st	18.16	Delphine Gosselin	Vancouver Thunderbirds
2nd	18.49	Charlotte Gough	Prairie Inn Harriers Racing Team
3rd	19.19	Charlotte Lang	Vancouver Thunderbirds

Male U20

Position	Time	Name	Club
1st	14.45	Yemane Mulugeta	Trinity Western Spartans
2nd	14.56	Charlie Mlotshwa	Prairie Inn Harriers Racing Team
3rd	15.35	Peter Kunka	Penticton Track and Field Club