



2024 BC ATHLETICS CROSS COUNTRY CHAMPIONSHIPS
VERNON, BC
SATURDAY OCTOBER 26, 2024
RESULTS POSTED OCTOBER 28, 2024

9 YEAR OLDS

Female

1.	873 Massé, Octavia	2015 Kootenay Chaos Track Club	05:36.23
2.	872 Maika, Rosie	2015 Kajaks Track & Field Club	05:56.98
3.	875 Scobie, Brianna	2015 Langley Mustangs	06:00.11
4.	869 Kissmann, Lexi	2015 Unattached British Columbia	06:06.08
5.	880 Vidovic, Katarina	2015 Coquitlam Cheetahs	06:09.97
6.	882 Walker, Celeste	2015 Unattached British Columbia	06:10.22
7.	871 Louwerse, Kate	2015 Langley Mustangs	06:12.66
8.	861 Freeman, Katie	2015 Vancouver Thunderbirds	06:23.58
9.	881 Vogel, Charlie	2015 Langley Mustangs	06:24.97
10.	884 Whitworth, Isabella	2015 Ocean Athletics Track & Field Club	06:32.35
11.	866 Harley, Maya	2015 Ocean Athletics Track & Field Club	06:33.01
12.	874 Miller, Georgina	2015 St. Pius X - Vancouver	06:40.81
13.	883 Wells, Brooke	2015 Langley Mustangs	06:55.25
14.	879 Verner, Claire	2016 Penticton Track & Field Club	06:59.16
15.	876 Toevs, Sophia	2015 Vancouver Thunderbirds	07:00.69
16.	868 Kabelik, Mia	2015 Kamloops Track & Field Club	07:42.17
17.	859 Andiel, Ursula	2017 Unattached	08:44.30

Male

1.	885 Wilkie, Raphael	2015 Ocean Athletics Track & Field Club	05:39.17
2.	877 Tripathi, Nirvaan	2015 Nanaimo & District Track & Field Club	05:51.10
3.	860 Flowers, Jahiem	2015 Okanagan Athletics Club	06:09.43
4.	864 Hamze, Idris	2015 Vancouver Thunderbirds	06:19.11
5.	886 Youn, Jay	2015 Vancouver Thunderbirds	06:20.42
6.	865 Harley, Cooper	2015 Ocean Athletics Track & Field Club	06:24.33
7.	870 LeDrew, Titus	2015 Kamloops Track & Field Club	06:28.88
8.	862 Gavel, Noah	2015 Okanagan Athletics Club	06:45.12
9.	867 Hill, Kit	2015 Ocean Athletics Track & Field Club	06:57.22
DNS	878 Valyear, Tyson	2015 Langley Mustangs	

10 YEAR OLDS

Female

1.	932 Napier-Shannon, Roewan	2014 Unattached	08:21.05
2.	922 Carlberg, Ember	2014 Kamloops Track & Field Club	08:54.89
3.	936 Varma-Vitug, Ashiana	2014 Kajaks Track & Field Club	09:32.79
4.	939 Wynne, Claire	2014 Kamloops Track & Field Club	09:44.60
5.	927 Gardner, Zoe	2014 Kamloops Track & Field Club	09:52.27
6.	933 Poulin, Eleanor	2014 Vernon Amateur Athletics Association	09:54.61
7.	935 Schellenberg, Ellie	2014 Kamloops Track & Field Club	10:14.18
8.	928 Granberg, Anja	2014 Kamloops Track & Field Club	10:32.72

Male

1	924 Davidson, Gavin	2014 Ocean Athletics Track & Field Club	07:24.71
2	923 Chambers, Heath	2014 Penticton Track & Field Club	07:34.57
3	934 Sametz, Jackson	2014 Langley Mustangs	07:37.36
4	925 Daviss, Caleb	2014 Vancouver Thunderbirds	07:43.48
5	937 Walker, Ross	2014 Penticton Track & Field Club	07:50.00
6	926 Deeth, Leo	2014 Kajaks Track & Field Club	07:51.00
7	931 Miller, Everett	2014 Unattached	07:58.57
8	930 Kroeger, Mark	2014 Ocean Athletics Track & Field Club	08:15.00
9	940 Zaidi, Amir	2014 Coquitlam Cheetahs	08:31.83
10	921 Andiel, Anton	2014 Penticton Track & Field Club	09:29.46

11 YEAR OLDS**Female**

1	917 Wasyliw, McKinley	2013 Vancouver Thunderbirds	07:34.51
2	891 Ch��n��, Jocelyne	2013 Vancouver Thunderbirds	08:04.95
3	893 Ferguson, Kaylee	2013 Golden Ears Athletics	08:08.51
4	907 Matthew, Madeline	2013 Unattached British Columbia	08:10.39
5	906 Maddocks, Amelia	2013 Vernon Amateur Athletics Association	08:17.73
6	912 Schellenberg, Jordan	2013 Kamloops Track & Field Club	08:30.02
7	903 Ip-Jansen, Sophie	2013 Vancouver Thunderbirds	08:51.62
8	916 Washbrook, Callie	2013 Okanagan Athletics Club	08:53.09
9	900 Hopwood, Victoria	2013 Kajaks Track & Field Club	09:31.79
10	888 Barriguete, Gabriela	2013 Vancouver Thunderbirds	09:36.69
11	895 Gavel, Aubrey	2013 Okanagan Athletics Club	09:40.23
12	899 Holzer, Cleo	2013 Vancouver Thunderbirds	09:43.32
13	897 Harley, Amelia	2013 Ocean Athletics Track & Field Club	10:03.48
14	902 Innis, Erika	2013 Unattached	11:04.01
DNS	938 Wong, Vada	2014 Penticton Track & Field Club	

Male

1	918 Wells, Landon	2013 Langley Mustangs	06:43.81
2	914 Ulansky, Ryker	2013 Penticton Track & Field Club	06:43.88
3	894 Freeman, Oliver	2013 Vancouver Thunderbirds	06:57.85
4	915 Verkaik, Caleb	2013 Langley Mustangs	07:05.80
5	887 Aaserud, Liam	2013 Penticton Track & Field Club	07:15.08
6	896 Gill, Noah	2013 Vernon Amateur Athletics Association	07:16.81
7	909 Miller, Benjamin	2013 St. Pius X - Vancouver	07:20.58
8	901 Huang, Brandon	2013 Vancouver Thunderbirds	07:23.70
9	905 Le Bihan, Matthis	2013 Vancouver Thunderbirds	07:31.13
10	889 Baxter, Sebastian	2013 Vancouver Thunderbirds	07:36.90
11	898 Hayden, Nicholas	2013 Penticton Track & Field Club	07:54.43
12	904 Lane, William Mattias	2013 Unattached	08:07.48
13	892 Elliot, Andrew	2013 Unattached	08:21.50
14	911 Pizio, Deacon	2013 Kamloops Track & Field Club	08:29.58
15	920 Wynne, Daniel	2013 Kamloops Track & Field Club	09:07.25
16	908 McKenzie, Nash	2013 Vancouver Thunderbirds	09:17.33
17	919 Wilkie, Benjamin	2013 Penticton Track & Field Club	09:23.56
18	910 Nestmann, Oliver	2013 Ocean Athletics Track & Field Club	09:40.98
19	890 Bradford, Kieran	2013 Kamloops Track & Field Club	10:12.10
DNS	929 Klassen, Simon	2014 Unattached	

12 YEAR OLDS**Female**

1.	1064 Hamze, Tamara	2012 Vancouver Thunderbirds	11:05.21
2.	1067 Ip-Jansen, Chloë	2012 Vancouver Thunderbirds	11:11.26
3.	1073 Mezynski, Avery	2012 Unattached	11:12.85
4.	1077 Szabadi, Grace	2012 Okanagan Athletics Club	12:01.72
5.	1072 McCutcheon, Emma	2012 Vancouver Thunderbirds	12:15.48
6.	1213 Wood, Ellie	2012 Vancouver Thunderbirds	12:20.40
7.	1061 Callihoo, Ivy	2012 Unattached	12:28.55
8.	1074 oliver-McLean, Mary	2012 Coquitlam Cheetahs	13:29.59
9.	1069 Major, Sienna	2012 Kamloops Track & Field Club	14:02.49
10.	1083 Weller, Molly	2012 Unattached	17:11.54
DNS	1065 Harris, Finley	2012 Penticton Track & Field Club	

Male

1.	1063 Davidson, Theo	2012 Ocean Athletics Track & Field Club	10:24.97
2.	1060 Aasen, Aiden	2012 Passtrak	10:59.00
3.	1066 Helm, Max	2012 Unattached	11:10.91
4.	1079 Uesson, Kaeden	2012 Vernon Amateur Athletics Association	11:22.96
5.	1071 Markson, Leo	2012 Vernon Amateur Athletics Association	11:42.73
6.	1082 Vipler, Janek	2012 Ocean Athletics Track & Field Club	11:52.72
7.	1081 Varma-Vitug, Armaan	2012 Kajaks Track & Field Club	11:56.06
8.	1076 Rossnagel, Tate	2012 Langley Mustangs	12:09.57
9.	1062 Cawsey, Liam	2012 Vancouver Thunderbirds	12:18.52
10.	1075 Poulin, McKinley	2012 Vernon Amateur Athletics Association	12:41.28
11.	1068 Kang, Nyles	2012 Langley Mustangs	13:01.18
12.	1078 Taverner, Austin	2012 Unattached	14:17.45

13 YEAR OLDS**Female**

1.	1059 Watson, Aleen	2011 Vancouver Thunderbirds	11:37.76
2.	1044 Johnson, Cadence	2011 Unattached British Columbia	11:57.12
3.	1032 Ball, Zoe	2011 Vancouver Thunderbirds	12:09.31
4.	1030 Aaserud, Kira	2011 Penticton Track & Field Club	12:23.00
5.	1050 Napier-Shannon, Bella	2011 Unattached	12:29.14
6.	1051 Rahkola, Zada	2011 Penticton Track & Field Club	12:47.91
7.	1033 Cochrane, Claire	2011 Kamloops Track & Field Club	13:18.78
8.	1058 Uozie, Chioma	2011 Vancouver Thunderbirds	13:29.26
9.	1055 Starling, Gemma	2011 Unattached British Columbia	13:45.03
10.	1046 Kwantes, Norah	2011 Vernon Secondary School	13:58.32
11.	1047 Lambke, Elise	2011 Vancouver Thunderbirds	15:29.37
12.	1049 Miedema, Anina	2011 Unattached British Columbia	16:35.54

Male

1.	1031 Baker, Caleb	2011 Ocean Athletics Track & Field Club	09:49.06
2.	1048 Massé, Oscar	2011 Kootenay Chaos Track Club	09:59.74
3.	1054 Sexton, Noah	2011 Prairie Inn Harriers Racing Team	10:06.45
4.	1034 Comeau, Alexandre	2011 Unattached British Columbia	10:08.00
5.	1043 Holmgren, Coen	2011 Peninsula Track & Field Club	10:34.18

6.	1057 Ulansky, Jake	2011 Penticton Track & Field Club	10:34.95
7.	1036 Eeson, Henry	2011 Okanagan Athletics Club	10:48.00
8.	1042 Hiebert, Eli	2011 Ocean Athletics Track & Field Club	10:56.90
9.	1045 Kadatare, Siddharth	2011 Kajaks Track & Field Club	11:05.00
10.	1040 Gladdish, Zavier	2011 Prince George Track & Field Club	11:05.35
11.	1039 Fleguel, Ollie	2011 West Vancouver Track & Field Club	11:45.61
12.	1053 Safford, Leroy	2011 Penticton Track & Field Club	11:54.29
13.	1037 Elliot, Owen	2011 Unattached	12:14.23
14.	1035 Dixon-Lawless, Torin	2011 Golden Ears Athletics	12:43.27
15.	1056 Ten Haaf, Job	2011 Langley Mustangs	13:37.32
16.	1052 Reynolds, Duke	2011 Unattached British Columbia	14:26.90

U16

Female

1	1087 Dehal, Sasha	2009 Ocean Athletics Track & Field Club	10:30.45
2	1101 Lou, Amelia-Ahn	2009 Okanagan Athletics Club	10:39.94
3	1150 Gough, Charlotte	2009 Prairie Inn Harriers Racing Team	10:49.60
4	1099 Lang, Charlotte	2010 Vancouver Thunderbirds	11:08.01
5	1111 Raath, Lienke	2010 Kamloops Track & Field Club	11:09.02
6	1102 Lou, Mei-Viz	2010 Okanagan Athletics Club	11:11.56
7	1089 Evans, Leah	2009 Penticton Track & Field Club	11:16.98
8	1094 Hickie, Presley	2009 Penticton Track & Field Club	11:18.22
9	1109 Palmer Bird, Eula	2009 Unattached British Columbia	11:19.93
10	1097 Lamoureux, Amy	2009 Okanagan Athletics Club	11:22.04
11	1086 Dee, Ellyse	2009 Ocean Athletics Track & Field Club	11:27.97
12	1090 Funston, Ashlyn	2009 Vernon Amateur Athletics Association	11:28.42
13	1108 oliver-McLean, Lillian	2009 Coquitlam Cheetahs	11:30.34
14	1115 Walker, Ella	2010 Penticton Track & Field Club	11:47.66
15	1096 Kennedy, Katherine	2009 Kajaks Track & Field Club	11:54.01
16	1110 Piesik, Maya	2009 Vancouver Thunderbirds	11:57.34
17	1106 Mohlmann, Amy	2010 Coquitlam Cheetahs	11:57.95
18	1112 Richardson, Niamh	2010 Coquitlam Cheetahs	12:02.05
19	1105 Mitchell, Sarah	2010 Unattached British Columbia	12:09.62
20	1107 Nadler, Stella	2010 Comox Valley Cougars	12:15.06
21	1113 Schulz, Emmy	2010 Vancouver Thunderbirds	12:16.39
22	1093 Heidt, Linnaea	2010 Unattached British Columbia	12:18.08
23	1116 Wilkie, Jessica	2010 Penticton Track & Field Club	12:34.96
24	1103 Mar, Evelyn	2009 Ocean Athletics Track & Field Club	12:52.30
25	1095 Jung Little, Malaya	2009 Okanagan Athletics Club	12:56.99
26	1091 Hansen, Elle	2010 Vancouver Thunderbirds	12:57.76
27	1104 McLean, Rosie	2009 Unattached	13:12.85
28	1114 Taverner, Kenzie	2010 Okanagan Athletics Club	13:22.70
29	1085 Brooks, Aven	2010 Langley Mustangs	14:05.12
30	1100 Leah, Molly	2010 Golden Ears Athletics	15:12.20
DNS	1088 Eshleman, Téa	2010 Langley Mustangs	
DNS	1092 Haynes, Rosie	2010 Peninsula Track & Field Club	

Male

1.	1124 Johnston, Isaiah	2009 Vancouver Thunderbirds	09:18.46
2.	1126 Kissmann, Coen	2009 Penticton Track & Field Club	09:20.26
3.	1117 Abraham, Dawson	2009 Kootenay Chaos Track Club	09:30.74

4.	1135 Siemens, Parks	2009 Valley Royals Track & Field Club	09:32.19
5.	1131 Olson, Laken	2010 Valley Royals Track & Field Club	09:33.25
6.	1134 Sieben, Coulter	2009 Penticton Track & Field Club	09:50.11
7.	1133 Reed, Thomas	2009 Prince George Track & Field Club	09:51.29
8.	1132 Osiowy, Sebastian	2010 Penticton Track & Field Club	09:56.28
9.	1139 Woode, Nolan	2009 Vancouver Thunderbirds	10:18.00
10.	1136 Steiger, William	2009 Valley Royals Track & Field Club	10:19.16
11.	1140 Zhang, Daniel	2009 Ocean Athletics Track & Field Club	10:19.37
12.	1125 Kang, Taron	2009 Langley Mustangs	10:22.84
13.	1127 Lam, Michael	2010 Vancouver Thunderbirds	10:34.00
14.	1120 Clements, Eoghan	2009 West Vancouver Track & Field Club	10:40.30
15.	1138 Thapa, Hridik	2010 Unattached	10:46.63
16.	1130 McCutcheon, Simon	2010 Vancouver Thunderbirds	10:47.59
17.	1119 Chester, Nicholas	2009 Valley Royals Track & Field Club	10:49.93
18.	1121 Drew, Dylan	2009 Vancouver Thunderbirds	10:52.56
19.	1137 Ten Haaf, Ari	2009 Langley Mustangs	11:16.30
20.	1118 Breedveld, Micah	2010 Golden Ears Athletics	11:38.97
21.	1128 Manzuik, Alex	2010 Penticton Track & Field Club	11:53.85
22.	1122 Graham, Rylan	2010 Unattached British Columbia	12:24.55
23.	1129 Markson, Jonah	2010 Vernon Amateur Athletics Association	12:33.58

U18

Female

1.	1142 Buitelaar, Adrianna	2008 Valley Royals Track & Field Club	17:31.38
2.	1145 Dow, Alexa	2007 Prairie Inn Harriers Racing Team	18:04.95
3.	1169 Symon, Chloe	2007 Vancouver Thunderbirds	18:31.43
4.	1165 Royle, Maya	2008 Unattached British Columbia	18:36.56
5.	1159 Molony, Julia	2007 Prairie Inn Harriers Racing Team	18:44.09
6.	1149 Gosselin, Delphine	2007 Vancouver Thunderbirds	18:44.96
7.	1154 Kamara, Kefira	2008 Vancouver Thunderbirds	18:54.52
8.	1152 Hickie, Jordis	2007 Penticton Track & Field Club	18:59.72
9.	1163 Roberts, Cadelle	2008 Vancouver Thunderbirds	19:14.06
10.	1166 Sajjan, Jeevut	2008 Vancouver Thunderbirds	19:19.78
11.	1214 Epp, Maggie	2008 Valley Royals Track & Field Club	19:29.44
12.	1160 Nay, Ruby	2008 Kootenay Chaos Track Club	19:47.58
13.	1170 Verbeek, Wilmien	2008 Coquitlam Cheetahs	19:58.38
14.	1167 Sandhu, Janaya	2008 Vancouver Thunderbirds	20:16.46
15.	1151 Hageleit, Izzy	2008 Vancouver Thunderbirds	20:34.13
16.	1161 O'Brien, Rory	2007 West Vancouver Track & Field Club	20:35.82
17.	1168 Smith, Aleah	2008 Kootenay Chaos Track Club	20:42.96
18.	1164 Rodway, Ava	2007 Vancouver Thunderbirds	21:04.47
19.	1171 Villariza, Maria	2008 Langley Mustangs	21:23.02
20.	1148 Gauthier, Ava	2008 Nanaimo & District Track & Field Club	21:39.90
21.	1162 Rawlyk, Maddy	2007 West Vancouver Track & Field Club	21:52.60
22.	1144 Cervantes-Briseno, Sofia	2007 Vancouver Thunderbirds	21:59.70
23.	1153 Hlus, Aliza	2008 Vancouver Thunderbirds	22:03.29
24.	1143 Butzelaar, Ava	2008 Coquitlam Cheetahs	22:07.34
25.	1158 Meyang, Manuela	2007 Coquitlam Cheetahs	22:26.46
26.	1155 Kump, Ruby	2008 Kajaks Track & Field Club	23:12.68
27.	1141 Ballard-McCroy, Talia	2008 Penticton Track & Field Club	23:19.90
DNS	1156 Liefsoens, Nelle	2008 Powell River Track Club	

Male

1.	1185 Kunka, Peter	2007 Penticton Track & Field Club	15:18.00
2.	1201 Sandhu, Arjun	2008 Vancouver Thunderbirds	15:19.25
3.	1196 Rahkola, Maverik	2007 Penticton Track & Field Club	15:24.80
4.	1183 Heidt, Simon	2008 Unattached British Columbia	15:36.07
5.	1203 Simmonds, Riley	2008 Valley Royals Track & Field Club	15:39.96
6.	1188 May, Samuel	2007 Valley Royals Track & Field Club	15:57.59
7.	1212 Doughty, James	2007 Vancouver Thunderbirds	16:04.43
8.	1186 Louwerse, Noah	2007 Langley Mustangs	16:15.45
9.	1204 Smith, Benjamin	2008 Vancouver Thunderbirds	16:16.88
10.	1180 Graham, Miles	2007 Valley Royals Track & Field Club	16:25.36
11.	1190 Nakanishi, Arata	2007 Valley Royals Track & Field Club	16:25.95
12.	1175 Collingwood, Cai	2008 Penticton Track & Field Club	16:37.32
13.	1172 Aaserud, Mika	2007 Penticton Track & Field Club	16:37.86
14.	1174 Beaudoin, Rhys	2008 Nanaimo & District Track & Field Club	16:41.37
15.	1179 Gladdish, Noah	2007 Prince George Track & Field Club	16:48.54
16.	1200 Sada, Bernardo	2007 Ocean Athletics Track & Field Club	17:05.49
17.	1192 Nestmann, Henry	2008 Ocean Athletics Track & Field Club	17:09.12
18.	1177 Denux, Luc	2007 Prairie Inn Harriers Racing Team	17:09.80
19.	1208 Yan, Kai En	2007 Coquitlam Cheetahs	17:13.90
20.	1205 Thiele-Crocker, Billy	2008 Coquitlam Cheetahs	17:26.79
21.	1184 Klassen, Dixon	2007 Vancouver Thunderbirds	17:31.25
22.	1191 Neels, Ryland	2008 Penticton Track & Field Club	17:35.82
23.	1194 O'Loughnane, John	2008 West Vancouver Track & Field Club	17:39.21
24.	1178 Dyck, Jonah	2008 Valley Royals Track & Field Club	17:40.88
25.	1198 Reed, James	2008 Prince George Track & Field Club	17:43.25
26.	1173 Barrett, Asher	2008 Coquitlam Cheetahs	18:09.03
27.	1193 Nozick, Ethan	2007 Unattached British Columbia	18:19.97
28.	1199 Richards, Kristian	2008 Prince George Track & Field Club	18:20.91
29.	1176 Cormier, Brody	2007 Unattached British Columbia	18:25.03
30.	1197 Rasquinha, Samuel	2007 Valley Royals Track & Field Club	18:26.63
31.	1181 Haime, Camron	2007 Vancouver Thunderbirds	18:48.88
32.	1207 Wu, Xavier	2008 Coquitlam Cheetahs	19:10.11
33.	1189 McCarthy, Cade	2017 Kronos Triathlon Club	19:10.55
34.	1206 Wilkie, Thomas	2008 Penticton Track & Field Club	19:25.26
35.	1187 Matthies, Alex	2008 Unattached British Columbia	19:42.43
36.	1195 Plomp, Jordan	2008 West Vancouver Track & Field Club	20:41.18
37.	1202 Saner, Declan	2007 Unattached British Columbia	24:46.01

U20**Female**

1.	960 Titova, Anna-Veronika	2005 Ocean Athletics Track & Field Club	23:55.37
2.	954 McDonald, Catelin	2006 Ocean Athletics Track & Field Club	25:08.33
3.	943 Coyle, Tessa	2006 Ubc Okanagan	25:48.22
4.	961 Vijayaraghaven, Sharanya	2006 Ubc Okanagan	25:56.80
5.	946 Flood, Nathalie	2006 Royal City Track & Field Club	26:22.33
6.	958 Prince, Nora	2006 Ubc Okanagan	29:08.63

Male

1	1003 Mlotshwa, Charli	2007 Prairie Inn Harriers Racing Team	25:14.17
---	-----------------------	---------------------------------------	----------

2	991 Kifle, Aven	2005 Vancouver Thunderbirds	25:48.78
3	975 Erickson, Mitchell	2006 Kootenay Chaos Track Club	26:23.12
4	968 Browne, Tyler	2006 Victoria Endurance Track Club	27:13.16
5	992 Klassen, Mitchell	2005 Vancouver Thunderbirds	27:23.12
6	1022 Von Fischer, Liam	2005 Vancouver Thunderbirds	27:23.91
7	972 Dixon-Lawless, Lucien	2006 Golden Ears Athletics	27:24.60
8	1021 Van Dijk, Oliver	2006 West Vancouver Track & Field Club	28:50.08
9	1011 Robertson, Trevor	2005 Ubc Okanagan	29:08.85
10	978 Ganske, Ezra	2006 Ubc Okanagan	29:30.27
11	1211 Powell, Miles	2005 UBC Okanagan Heat	30:18.44
12	973 Dommann, Marten	2005 Vancouver Falcons Athletic Club	30:49.96
13	1025 Wassenaar, Arie	2006 Valley Royals Track & Field Club	32:12.32
DNS	1015 Serowka, Theo	2006 Prairie Inn Harriers Racing Team	

SENIOR

Female

1.	955 Melanson, Jenna	1998 Vancouver Thunderbirds	28:31.59
2.	947 Gibson, Kiana	1999 Vancouver Thunderbirds	28:56.00
3.	959 Sexton, Leslie	1987 Vancouver Thunderbirds	29:46.71
4.	948 Hanson, Felicity	2004 Ubc Okanagan	37:50.44
DNS	963 Yakemchuk, Abigail	2006 Ocean Athletics Track & Field Club	

Male

1.	979 Gay, John	1996 Vancouver Thunderbirds	23:58.96
2.	971 Davies, Andrew	2000 Vancouver Thunderbirds	24:03.87
3.	974 Drover, Alex	1999 Harbour Track - Hamilton	24:24.91
4.	966 Brinkman, Sebastian	2001 Unattached British Columbia	24:37.87
5.	1004 Mulusht Zewdu, Daniel	1995 Prairie Inn Harriers Racing Team	25:13.14
6.	984 Gravel, Christian	1994 Vancouver Thunderbirds	25:39.51
7.	1001 McLeish, Tion	2004 Victoria Speed Project	25:59.44
8.	1017 Suchoski, Luke	2003 Victoria Endurance Track Club	26:28.54
9.	1029 Yuzdepski, Mathias	2002 Victoria Endurance Track Club	26:44.99
10.	970 Cino, Sebastian	2003 Vancouver Thunderbirds	26:46.77
11.	1002 Mijares, Ignacio	2003 Vancouver Thunderbirds	27:04.27
12.	980 Geake, Joel	2004 UBC Okanagan Heat	27:50.71
13.	1014 Screen, Jack	2003 Victoria Vikes	27:56.71
14.	976 Ezra, Yehonatan	1998 Vancouver Thunderbirds	28:13.82
15.	982 Graham, Caleb	2002 Ubc Okanagan	28:16.66
16.	1018 Tabert, Nathanael	1999 Speedfarm	28:23.53
17.	983 Grant, Elijah	2002 Victoria Endurance Track Club	28:35.45
18.	1010 Robertson, Lucas	2003 Ubc Okanagan	28:54.62
19.	1000 McGrath, Liam	1998 Unattached British Columbia	29:06.91
20.	1006 Parkins, Basil	2004 UBC Okanagan Heat	29:18.96
21.	999 Macdonald, Nicholas	1990 Unattached	29:21.61
22.	1024 Walker, Brae	1998 Unattached British Columbia	29:28.22
DNS	997 Land, Tomos	2002 Unattached British Columbia	
DNS	1012 Schmidtke, Kieran	2004 Victoria Endurance Track Club	
DNS	1019 Takhar, Ashton	2004 Vernon Amateur Athletics Association	

MASTERS 35 - 69 (NOT AGE GRADED OVERALL) 8KM

Female

1	957 Poulin, Robyn	1982 Vernon Amateur Athletics Association	30:00.91
2	962 Wilkie, Sabrina	1985 Unattached British Columbia	30:45.00
3	945 Dommann, Alita	1968 Vancouver Falcons Athletic Club	33:36.61
4	953 McCutcheon, Jennifer	1975 Vancouver Thunderbirds	36:16.45
5	952 MacKelvie, Kerry	1973 Unattached British Columbia	37:00.82
6	942 Cornelissen, Evelyn	1968 Unattached	37:24.07
7	941 Clague, Ellen	1968 Vancouver Falcons Athletic Club	40:22.82
8	1209 Gibbs, Naomi	1981 Unattached British Columbia	41:30.42
9	944 Dixon-Warren, Gwyneth	1968 Golden Ears Athletics	42:01.99
10	949 Kearney, Patricia	1958 Unattached British Columbia	43:26.61
11	950 Khrisanova, Marina	1979 Greyhounds Masters Track & Field Club	44:47.39
12	951 Lam, Rachel	1971 Vancouver Thunderbirds	45:43.43

Male

1	998 Loewen, Ron	1989 Vancouver Thunderbirds	26:58.10
2	989 Holmgren, Aaron	1982 Peninsula Track & Field Club	27:50.01
3	1028 Wilson, Jeremy	1981 Unattached Alberta	28:30.23
4	987 Heidt, Aaron	1976 Vernon Amateur Athletics Association	28:52.84
5	1027 Wilkie, Mark	1984 Unattached British Columbia	29:00.81
6	996 Kwantas, Jeff	1979 Vernon Amateur Athletics Association	29:10.65
7	1026 Watson, Liam	1977 Vancouver Falcons Athletic Club	29:24.64
8	1016 Sharp, Ian	1979 Unattached British Columbia	29:29.09
9	988 Hoekstra, Tristan	1986 Unattached British Columbia	29:45.56
10	990 Isaak, Samuel	1988 Vernon Amateur Athletics Association	30:00.00
11	981 Gladdish, Bryce	1984 Prince George Track & Field Club	30:22.03
12	967 Brown, Jeremy	1976 Unattached British Columbia	30:53.00
13	985 Guss, David	1960 Kelowna Running Club	30:53.15
14	1210 Hajek, Martin	1975 Vancouver Falcons Athletic Club	31:17.88
15	969 Cawsey, Ryan	1980 Unattached British Columbia	31:41.36
16	994 Kroeger, Colin	1984 Ocean Athletics Track & Field Club	32:55.19
17	1008 Raath, Francois	1978 Kamloops Ridge Runners	34:15.44
18	977 Fladmark, Stein	1970 Vernon Amateur Athletics Association	34:57.04
19	1020 Titov, Mikhail	1968 Unattached British Columbia	35:16.85
20	1009 Reimer, Paul	1955 Ocean Athletics Track & Field Club	36:20.08
21	993 Kopiak, Garrick	1983 Unattached	39:01.87
22	986 Hansma, Steve	1968 Unattached British Columbia	41:42.25
23	964 Antepyan, Raffi	1958 Greyhounds Masters Track & Field Club	41:47.60
24	1023 Wade, Bob	1959 Unattached British Columbia	41:52.68
25	1005 Olsen, David	1955 Unattached British Columbia	43:46.12
26	995 Kump, Branco	1961 Unattached	44:30.09

MASTERS 70+ (NOT AGE GRADED OVERALL) 6KM

Female

1	956 Nelson, Laurelee	1954 Kelowna Running Club	32:00.91
---	----------------------	---------------------------	----------

Male

1	965 Breneman, Gerry	1949 Unattached	36:17.08
---	---------------------	-----------------	----------