



## 2024 BC Athletics Annual General Meeting

### Introductory Programs Coordinator Report

Report by: Kala Stone

January-July 2024

#### **2024 Priorities**

- Increase exposure to Run, Jump, Throw, Wheel programming throughout the province, specifically amongst remote communities and minority groups.
- Increase the capacity to deliver RJTW programming across the province by training more instructors.
- Continue to grow and support clubs with Junior Development programs and encourage participation in the Junior Development Championships.

#### **2024 Highlights**

- Trained more than **50** new RJTW instructors across the province
- Participation increased at both the Junior Development Pentathlon and JD Track and Field Championships from last year.
- Received the Athletics for All Grant from Athletics Canada/ Government of Canada to activate at the Pacific Distance Carnival, Jerome Track Classic and Victoria Track Classic.

#### **Opportunities for 2025**

- Expand RJTW activations to community events in Zone 1,2,6,7,8.
- Partner with school districts to offer RJTW/Intro track and field clinics as part of teacher's professional development.
- Restructure the Junior Development Crest and Award system to better align with long-term athlete development
- Engage a working group to assess Long Term Athlete Development and Junior Development Technical Specifications and event selection.

#### **Introductory Programs**

- In partnership with Athletics Canada as part of the Athletics for All grant to provide free introductory track and field events for kids aged 5-12 throughout Vancouver Island and the Lower mainland
- BC Athletics in partnership with Newcomer's Camps of BC and the support of the Athletics for All grant offered free RJTW camps for kids of Newcomers to Canada

- Several meets included a Track Rascal component, providing these young athletes a fun, non-competitive opportunity to participate in the event. Specifically, at the Junior Development Track & Field Championships ~ 100 rascals took part in running, jumping, and throwing activities hosted by Ocean Athletics.
- School districts have been contacted regarding opportunities for Run Jump Throw Wheel programming for the 2024/2025 school year
- Partnered with community centers across the province to offer Track and Field programming as part of summer camps. Expanded our program to offer camps in the Okanagan.

### **Junior Development**

- Junior Development Pentathlon Championships and Junior Development Track and Field Championships were hosted with increased numbers from last year. Thank you to Ocean Athletics Track & Field Club and Coquitlam Cheetahs Track & Field Club for hosting.

### **NCCP Training, Certification & Pro-D**

Hosted RJTW Courses throughout BC to support school, and club track & field programs.

- Offered a free RJTW instructor course to encourage new instructors across the Lower Mainland. Approximately 30 new instructors were trained.
- In collaboration with identified coach developers, we are continuing to develop a JD Practice Plans book to support new JD coaches.
- Trained community center staff in Fort Nelson to lead RJTW programming.
- Revised RJTW video project and approved for final production.
- Offered Run Jump Throw wheel training for teachers in School District 44 as a Pro-D course.

### **Revenue Generation**

Received the following grants to support Introductory Programs:

- Via Sport Hosting BC (JD Pent, \$2500)
- Athletics for All (\$10,000)
- Athletics Day in Canada (\$4500)

### **Other Revenue Sources**

- Community summer camp programs (\$2500)
- Junior Development Pentathlon Championships & Junior Development Track and Field Championships

**Run Jump Throw Wheel Participation**

<b>Initiative</b>	<b>Number of Participants</b>
NCCP Learning Facilitator Courses	5
NCCP Instructor Courses	61
Instructor Evaluations	1
Direct Deliveries-Community Events	1600 (not including summer camps)

**Junior Development Provincial Championships Participation**

<b>Event</b>	<b>2024</b>	<b>2023</b>
<b>Pentathlon Championships</b>	143	133
<b>Track and Field Championship</b>	474 (+ 100 Rascals)	451