

# WHEELCHAIR ATHLETICS HAVE-A-GO DAY



**RICHMOND OLYMPIC OVAL**

**OCTOBER 22 & 23**

**1:00 - 4:00 PM**

**ALL ABILITIES/AGES WELCOME!  
EQUIPMENT PROVIDED**

**COME TRY WHEELCHAIR RACING AND SEATED  
THROWS WITH SPECIAL GUEST COACH KEN HALL,  
HEAD THROWS COACH FOR 2020 TOKYO  
PARALYMPIC GAMES**

**CONTACT [JESSICA@BCWHEELCHAIRSPORTS.COM](mailto:jessica@bcwheelchairsports.com)  
FOR MORE INFORMATION!**

