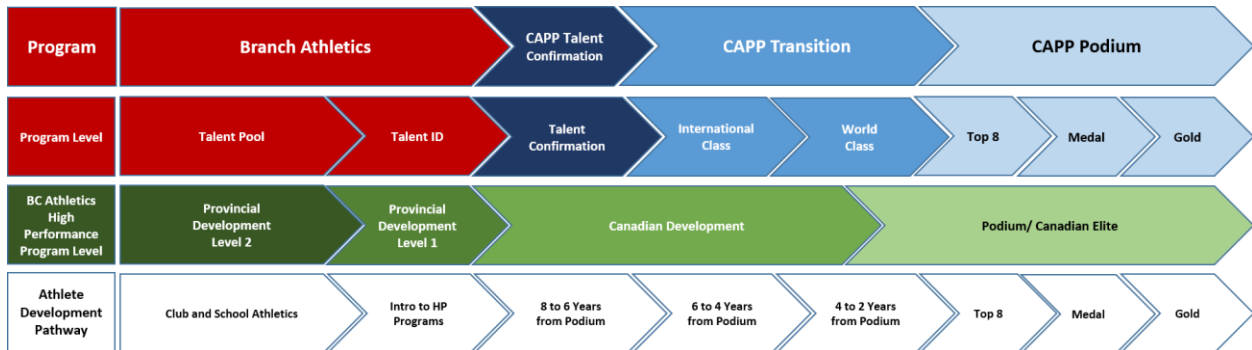




BC Athletics High Performance Program Athlete Assistance Program 2023 Selection Criteria



APPLICATION DUE DATE:

FRIDAY NOVEMBER 3, 2023 11:59pm PST

NO LATE APPLICATIONS WILL BE ACCEPTED

[ONLINE APPLICATION](#)

BC ATHLETICS HIGH PERFORMANCE SYSTEM

PROGRAM OVERVIEW

BC Athletics, working with personal coaches and member clubs, leads the development of High Performance athletes in the sport of Athletics in British Columbia. Together with our funding partners (government, national/provincial organizations, corporations and foundations) BC Athletics provides support for athletes and coaches with the goal of strong representation and podium performances at National championships, advancing more BC athletes to National Teams, and Podium Performances at International competition.

The purpose of this document is to provide athletes and coaches with information concerning the **BC Athletics Athlete Assistance Program**. Please note that BC Athletics reserves the right to update this document at any time. Any such update will be considered valid upon posting on the BC Athletics website at www.bcatletics.org.

BC ATHLETICS ATHLETE SUPPORT PROGRAMS

BC Athletics offers 3 programs of support to athletes who meet the eligibility requirements for each program. ***This document will outline the requirements of the Athlete Assistance Program.***

1. **HIGH PERFORMANCE PROGRAM (HPP):** High performance athlete identification and access to athlete services provided by Canadian Sport Institute Pacific and Pacific Sport.
2. **ATHLETE ASSISTANCE PROGRAM (AAP):** Financial support provided to athletes based on published age graded selection standards.
3. **BC TEAM PROGRAM:** Travel and coach support to national championships and national multi-sport games through the BC Team and Team BC program.

BC ATHLETE ASSISTANCE PROGRAM (AAP)

The BC Athlete Assistance Program (BC AAP) is an athlete-centered program that provides financial assistance funded by BC Athletics. The goal of this program is to provide financial support to able body and para-athletes, aged 18+, who demonstrate continued athletic improvements towards high performance outcomes.

PROGRAM ELIGIBILITY

Athletes wishing to be considered for funding must meet the following eligibility requirements as set forth by BC Athletics and the Province of British Columbia.

ELIGIBLE athletes must:

- a. Meet the BC Athletics [General Criteria for Funding and Selection](#);
- b. Achieve the relevant age performance standard between **November 1, 2022 – October 31, 2023**;
- c. Be a member in good standing with BC Athletics;
- d. Meet the BC Athlete Assistance Program requirements of athlete eligibility and commitment;

- e. Be at least 17 years of age during the qualifying period (November 1, 2022 – October 31, 2023); 18 years of age in nomination cycle;
- f. Have submitted the [online application](#). **NO LATE APPLICATIONS WILL BE ACCEPTED.**

IN-ELIGIBLE athletes are those athletes who:

- a. Those athletes attending a post-secondary school that forbids the receipt of financial assistance;
- b. Those athletes who are in receipt of BC Athlete Assistance or Sport Canada Funding in a sport other than Athletics (unless so arranged between sports);
- c. Those athletes not meeting the eligibility criteria listed above;
- d. Those athletes who are under suspension by BC Athletics, Athletics Canada or Sport Canada for any doping related offence, or any offence warranting such penalty

HEALTH STATUS

Injury and Illness Status

Eligible athletes who received BC AAP funding in the previous year (2022-23);

- a. Who met the age graded performance standard in the previous year (2022-23);
- b. Who are eligible to receive funding based on the established eligibility requirements;
- c. Who have been injured or ill during the year; and who have been unable to meet the criteria for BC AAP Funding can apply for AAP under injury or illness status.
- d. All athletes wishing to be considered for an injury or illness status must complete all application requirements, and must also provide additional documentation in the form of:

Document 1: A formal letter, signed by the athlete and the athlete's personal coach outlining the nature of the injury/illness; the impact it had on training, competition and performance; the current status of the athlete relative to training, rehabilitation, competition and performance; and

Document 2: A letter from the healthcare providers involved in the treatment of the injury or illness and their current update and recommendations with respect to training and competition.

Please note that BC Athletics will provide BC AAP support for only 1 year under the injury or illness status.

Pregnancy Status

Eligible athletes who received BC AAP funding in the previous year (2022-23);

- a. Who met the age performance standard in the previous year (2022-23);
- b. Who are eligible to receive funding based on the established eligibility requirements;
- c. Who have been pregnant during the year; and who have been unable to meet the criteria for BC AAP Funding can apply for AAP under pregnancy status.
- d. All athletes wishing to be considered for pregnancy status must complete all application requirements, and must also provide additional documentation in the form of:

Document 1: A letter from the doctor(s) involved in the athlete's pregnancy care and their current update and recommendations with respect to training and competition.

Athletes are eligible to apply for pregnancy status more than once, if it is in non-consecutive years, and they have achieved the eligible performance standard.

NCAA ATHLETES

Funding Eligibility

Athletes attending an NCAA Division I Institution can accept BC AAP funding as of August 1, 2013. Under NCAA bylaw 12.1.2.4.7 the definition of entities that can issue support under "Training Expenses" is extended to "...a government entity." This includes BC Athletics because there is reasonable access to training facilities and competition travel during the school year (fall-late spring), BC Athletics NCAA athletes who are selected for funding will receive funding for the summer program (June-August or 3 months).

SPORT CANADA FUNDED ATHLETES (AC CARDED)

Athletics Canada CAPP Program / Sport Canada Carded Athletes

Athletes who are Sport Canada carded for (2023-24) are eligible to apply for BC AAP funding. All Sport Canada funded athletes must comply with the eligibility requirements and funding commitments of the BC AAP program and must apply for funding to be considered.

APPLICATION FOR THE ATHLETE ASSISTANCE PROGRAM

All athletes wishing to be considered for **BC ATHLETE ASSISTANCE PROGRAM** must complete the application process outlined below. **PLEASE NOTE, NO LATE APPLICATIONS WILL BE ACCEPTED. NO EXCEPTIONS.**

ONLINE APPLICATION

Yearly Training and Competition Plan

All athletes must have a comprehensive yearly training and competition plan. Athletes should work with their coaches to develop this each year. Information about your yearly training and competition plan will be integrated into the online application form (you do not need to upload your YTP). For reporting purposes, you may be asked to provide your Yearly Training Plan to BC Athletics.

This information will be reviewed by the Track and Field Committee prior to athlete nomination for Athlete Support. If the athlete or coach needs support in building their yearly training and competition plan, please email Track and Field Program Manager Megann VanderVliet – megann.vandervliet@bcathletics.org.

2023/2024 BC AAP SELECTION CRITERIA

Program Revisions for 2023/2024

Athletes are invited to apply for the 2023 program if they have achieved the published age graded performance standard. All performances must be achieved in a sanctioned competition and listed on the [Athletics Canada Rankings](#) page, and must meet the rules for recognizing performances (i.e. legal wind readings etc.).

Please note that achieving the published age standard does not guarantee selection for funding but enters the athlete into the funding pool with final selection made by the Track & Field Committee and BC Athletics Staff. The number of funding recipients is determined by the amount of funding available for the program.

An athlete's "primary" event refers to the event in which the athlete is applying for the BC Athlete Assistance Program. If an athlete achieves the published performance standard in multiple events, they can indicate this on the application form.

Able Bodied Age Performance Standards (APS)

The Able-Bodied Age Performance Standards are created in consultation with the Track & Field Committee and BC Athletics staff. **Standards are formulated based on U20, U23 and Senior World Top 40 and World Top 50 Rankings, averaged over the previous 3 years.**

- i. **World Top 50** – 100m, 200m, 400m, 800m, 1500m, 110mH, 400mH, 5000m, 10000m, Half Marathon, Marathon
- ii. **World Top 40** – 3000mSC, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Discus, Hammer, Javelin, Heptathlon, Decathlon, 20kmRW
- iii. **WA Points Equivalency** – 35kmRW

The revised Able Body Standards include age graded standards from age 18-30+. Once an athlete has reached the age of 31 years old, they must demonstrate continued improvement in their primary event where they;

- Meet or exceed the 30+ performance standard.
- Demonstrate continued improvement in their primary event, where competitive results and National Team appointments over a two year period (2021-2023 results) will be evaluated by BCA Staff and the Track & Field Committee year over year.

Para Athlete Performance Standards

Para athletes who have met the 2023/2024 CAPP Para Consideration Standard are eligible to apply for the BC Athlete Assistance Program.

- i. U20 Athletes – Having achieved the CAPP Para Talent Confirmation Standard
- ii. Senior Athletes – Having achieved the CAPP Para International Standard

Once an athlete has reached the age of 31 years old, they must demonstrate continued improvement in their primary event where they;

- Meet or exceed the CAPP Para International Standard

- Demonstrate continued improvement in their primary event, where competitive results over a two year period (2021-2023 results) will be evaluated by BCA Staff and the Track & Field Committee year over year.

2023 BASE FUNDING AMOUNTS

Award Level	Performance Level	Base Funding Amounts			
		U20 Athlete	NCAA Athlete	Senior Athlete	Sport Canada AAP Athlete
LEVEL 3	<ul style="list-style-type: none"> - National Senior Team - CAPP Medal, Top 8, World Class, International 	Up to \$2000	Up to \$1000	Up to \$3000	Up to \$500
LEVEL 2	<ul style="list-style-type: none"> - National Senior Development Team - CAPP Talent Confirmation Level - National U20 Team - Provincial SR/PARA Team 	Up to \$1500	Up to \$750	Up to \$2500	Up to \$500
LEVEL 1	<ul style="list-style-type: none"> - Provincial U20 Team - Elite Club - Collegiate Team 	Up to \$1000	Up to \$500	Up to \$1000	Up to \$500

NEW! PROVINCIAL CHAMPIONSHIP PERFORMANCE BONUS

As part of BC AAP, athletes who are selected for funding based on achieving the age graded performance standard are eligible to receive a **\$500** performance bonus based on their competitive result at the **2023 BC Athletics Provincial Track & Field Championship Jamboree**, or a **BC Road Championships**. To be eligible for the Provincial Championship Performance Bonus, an athlete must compete in their primary event.

Example: A Senior Level 2 athlete is awarded **\$2500** in base funding and attends and wins the Jamboree in their primary event to increase their awarded funding to **\$3000**.

Provincial Championships Bonus Structure

- **1st Place Finish** - \$500 CAD
- **2nd Place Finish** - \$250 CAD
- **3rd Place Finish** - \$150 CAD

Bonus Eligibility

- Only athletes who are selected for base funding based on achieving the age graded performance standard are eligible for the Provincial Championship Bonus.
- The Provincial Championship Performance Bonus will be allocated based on the athlete's placing in the **FINAL** of their primary event in their respective age group.
- Collegiate athletes must confirm their eligibility for the BC AAP Performance Bonus with their respective Compliance Officer before receiving funds.
- Athletes whose primary event is the 20km and 35km Race Walk must compete in the 10,000m Race Walk at the BC Athletics Provincial Track & Field Championship Jamboree.
- Athletes whose primary event is the 10,000m may compete at the Canadian 10,00m Championships on June 23, where the top 3 BC finishers will be eligible for the Provincial Championship Bonus.
- Athletes whose primary event is the Half Marathon or Marathon may compete in a BC Road Provincial Championship (10K, Half Marathon, Marathon) to be eligible for the Provincial Championship Performance Bonus.

APPEALS

Athletes may appeal the decisions of the selection committee based on the: (1) The award level or amount for which they have been recommended or (2) The athlete has not been recommended for athlete assistance, and believes they should be, based only on the published criteria.

Appeals Deadline

All appeals must be received by BC Athletics within 48 hours of the posting of the Athlete Assistance Program recipient list.

Appeals Process

All appeals must be based on the criteria as outlined above. The process for BC AAP appeals is the following:

- Step 1: Athletes must submit a Formal Letter of Appeal to the BC Athletics Program Manager (via email) (megann.vandervliet@bcathletics.org) no later than the published deadline (see above).
- Step 2: All appeals will be forwarded to the Track & Field Committee and staff for decision. The initial appeal decision will be sent to the athlete and personal coach of the athlete via email and will require a confirmation signature from both.
- Step 3: If the initial appeal is accepted, the athlete and personal coach must send the Appeals Sign-Off form.
- Step 4: If the initial appeal is not accepted, a Formal Letter of Appeal is to be submitted to the President/CEO of BC Athletics no later than 5 days after the initial appeal is received. The final appeal is then considered by the BC Athletics Appeals committee of the Board of Directors.
- Step 5: The Final Appeal will be communicated back to the athlete and personal coach by the BC Athletics President/CEO. The decision of the appeals committee shall be final.

QUESTIONS

For any questions relating to BC Athlete Assistance, please contact the BC Athletics Track and Field Program Manager, Megann VanderVliet - (megann.vandervliet@bcathletics.org).

APPENDIX A: 2023 BC Athlete Assistance Able Body MALE Age Performance Standards

BC Athletics High Performance Program - 2023/2024 Age Performance Standards - Men

	U20 Top 50/40		U23 Top 50/40										Senior Top 50/40
Event	18	19	20	21	22	23	24	25	26	27	28	29	30+
100m	10.48	10.44	10.40	10.36	10.31	10.29	10.27	10.24	10.22	10.20	10.18	10.15	10.13
200m	21.15	21.06	20.98	20.90	20.82	20.77	20.72	20.67	20.62	20.58	20.53	20.48	20.43
400m	47.15	46.95	46.74	46.54	46.34	46.24	46.14	46.04	45.94	45.83	45.73	45.63	45.53
800m	1:49.79	1:49.28	1:48.77	1:48.26	1:47.75	1:47.51	1:47.26	1:47.02	1:46.77	1:46.52	1:46.28	1:46.03	1:45.79
1500m	3:48.23	3:46.43	3:44.63	3:42.83	3:41.04	3:40.51	3:39.99	3:39.46	3:38.94	3:38.41	3:37.88	3:37.36	3:36.83
5000m	14:23.95	14:15.11	14:06.27	13:57.43	13:48.59	13:45.51	13:42.43	13:39.35	13:36.27	13:33.18	13:30.10	13:27.02	13:23.94
10000m			29:40.44	29:31.79	29:23.14	29:14.48	29:05.83	28:57.18	28:48.52	28:39.87	28:31.22	28:22.57	28:13.91
110mH	14.07	14.02	14.12	14.06	14.00	13.95	13.89	13.83	13.78	13.72	13.67	13.61	13.55
400mH	52.27	52.08	51.48	51.29	51.10	50.91	50.72	50.53	50.35	50.16	49.97	49.78	49.59
3000mSC	9:07.55	9:02.60	8:57.65	8:52.70	8:47.75	8:44.89	8:42.03	8:39.17	8:36.31	8:33.45	8:30.59	8:27.73	8:24.87
High Jump	2.11	2.13	2.14	2.16	2.17	2.18	2.19	2.21	2.22	2.23	2.24	2.25	2.26
Pole Vault	5.07	5.11	5.15	5.20	5.24	5.29	5.33	5.38	5.42	5.47	5.51	5.56	5.60
Long Jump	7.48	7.56	7.64	7.71	7.79	7.82	7.85	7.88	7.92	7.95	7.98	8.01	8.05
Triple Jump	15.35	15.52	15.70	15.87	16.04	16.13	16.22	16.31	16.40	16.49	16.58	16.66	16.75
Shot Put	17.96 (6kg)	18.24 (6kg)	17.69	17.96	18.24	18.52	18.79	19.07	19.35	19.62	19.90	20.18	20.45
Discus	54.58 (1.75kg)	55.45 (1.75kg)	54.80	55.68	56.55	57.43	58.31	59.18	60.06	60.94	61.81	62.69	63.57
Hammer	66.91 (6kg)	67.98 (6kg)	64.47	65.54	66.61	67.69	68.76	69.84	70.91	71.98	73.06	74.13	75.21
Javelin	65.31 (800g)	66.24 (800g)	71.88	72.81	73.74	74.67	75.60	76.54	77.47	78.40	79.33	80.26	81.20
Decathlon	6805	6880	7141	7216	7291	7365	7440	7515	7589	7664	7738	7813	7888
H Marathon			1:05:18	1:04:58	1:04:37	1:04:16	1:03:56	1:03:35	1:03:14	1:02:53	1:02:33	1:02:12	1:01:51
Marathon					2:19:32	2:18:20	2:17:09	2:15:57	2:14:45	2:13:34	2:12:22	2:11:10	2:09:59
10K RW	44:33	44:09											
20K RW			1:29:41	1:28:53	1:28:05	1:27:16	1:26:28	1:25:40	1:24:52	1:24:03	1:23:15	1:22:27	1:21:39
35K RW			2:48:15	2:46:34	2:44:52	2:43:10	2:41:28	2:39:47	2:38:05	2:36:23	2:34:41	2:33:00	2:31:18

BC Athletics High Performance Program - 2023/2024 Age Performance Standards - Women													
		U20 Top 50/40			U23 Top 50/40								Senior Top 50/40
Event	18	19	20	21	22	23	24	25	26	27	28	29	30+
100m	11.68	11.64	11.59	11.54	11.49	11.46	11.43	11.40	11.37	11.34	11.31	11.28	11.25
200m	23.98	23.85	23.72	23.59	23.46	23.41	23.36	23.30	23.25	23.20	23.15	23.09	23.04
400m	54.43	54.13	53.83	53.53	53.23	53.05	52.87	52.69	52.51	52.32	52.14	51.96	51.78
800m	2:07.38	2:06.87	2:06.36	2:05.85	2:05.34	2:04.85	2:04.35	2:03.86	2:03.37	2:02.87	2:02.38	2:01.88	2:01.39
1500m	4:23.87	4:22.38	4:20.89	4:19.41	4:17.92	4:16.73	4:15.55	4:14.36	4:13.18	4:11.99	4:10.81	4:09.62	4:08.44
3000m	9:34.73	9:31.75											
5000m	16:55.17	16:42.22	16:29.27	16:16.32	16:03.37	15:59.13	15:54.89	15:50.65	15:46.41	15:42.17	15:37.93	15:33.68	15:29.44
10000m			35:06.84	34:51.63	34:36.43	34:21.22	34:06.01	33:50.80	33:35.60	33:20.39	33:05.18	32:49.97	32:34.77
100mH	13.85	13.75	13.65	13.55	13.45	13.40	13.36	13.31	13.26	13.21	13.16	13.11	13.06
400mH	60.16	59.72	59.29	58.85	58.42	58.16	57.91	57.66	57.40	57.15	56.90	56.64	56.39
3000mSC	10:42.18	10:34.99	10:27.80	10:20.61	10:13.42	10:08.97	10:04.52	10:00.07	9:55.61	9:51.16	9:46.71	9:42.26	9:37.81
High Jump	1.79	1.80	1.81	1.81	1.82	1.83	1.84	1.85	1.86	1.87	1.88	1.89	1.90
Pole Vault	3.96	3.99	4.03	4.06	4.10	4.14	4.19	4.23	4.28	4.32	4.37	4.41	4.46
Long Jump	6.18	6.22	6.26	6.29	6.33	6.37	6.41	6.45	6.48	6.52	6.56	6.60	6.63
Triple Jump	12.89	12.97	13.05	13.13	13.21	13.31	13.41	13.51	13.61	13.70	13.80	13.90	14.00
Shot Put	14.29	14.61	14.93	15.24	15.56	15.81	16.06	16.31	16.56	16.81	17.06	17.31	17.56
Discus	48.39	49.30	50.21	51.12	52.02	52.95	53.88	54.80	55.73	56.65	57.58	58.50	59.43
Hammer	57.02	58.33	59.64	60.95	62.26	63.17	64.07	64.98	65.88	66.79	67.69	68.60	69.50
Javelin	49.41	50.50	51.59	52.68	53.76	54.51	55.26	56.01	56.76	57.51	58.25	59.00	59.75
Heptathlon	4971	5097	5223	5350	5476	5538	5600	5661	5723	5785	5847	5908	5970
H Marathon				1:16:50	1:16:12	1:15:34	1:14:57	1:14:19	1:13:41	1:13:04	1:12:26	1:11:49	1:11:11
Marathon					2:43:17	2:41:25	2:39:33	2:37:41	2:35:49	2:33:57	2:32:05	2:30:13	2:28:21
10K RW	50:33	49:39											
20K RW			1:43:38	1:42:35	1:41:33	1:40:30	1:39:28	1:38:25	1:37:23	1:36:20	1:35:18	1:34:15	1:33:13
35K RW			3:18:21	3:16:14	3:14:06	3:11:58	3:09:51	3:07:43	3:05:35	3:03:28	3:01:20	2:59:13	2:57:05

APPENDIX B: 2023 BC Athlete Assistance Para Performance Standards

Please refer to the 2023/2024 Athletics Canada CAPP Selection Policy Document for Para CAPP Standards (pages 6-13)

<https://athletics.ca/wp-content/uploads/2023/04/CAPP-Selection-Process-2023-2024-Standards-and-FAQ-Final-EN.pdf>