




**Canadian Sport Institute Pacific and
BC Athletics
Athlete and Coach Nomination Criteria
2023-24**

Criteria Approved: October 17, 2023

CSI Pacific Representative	David Hill		
	Name	Signature	Date (MM/DD/YYYY)
Sport Organization Representative	Garrett Collier		
	Name	Signature	Date (MM/DD/YYYY)

PURPOSE

Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Athletics, collaborates to deliver programs and services to place BC athletes¹ on national teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process with which to identify athletes and coaches within the BC Athletics high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeted pathway seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Sport Canada AAP Carded nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent the current generation of national team athletes who are carded by the NSO through Sport Canada’s Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic or World Championship medallists.

Figure 1 – Podium Pathway (LTAD 3.0)



¹ A BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three (3) months in a twelve (12) month period) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, BC Athletics may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach enrollment. Upon completion of enrollment and onboarding, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute / PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please see Appendix A for an outline of BC Athletics targeted athlete benefits, programs, and services as delivered through BC Athletics.

Targeted athletes are nominated by BC Athletics based on the athlete criteria below. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Athletics high performance program benchmarks to remain targeted. **Garrett Collier, Program Manager BC Athletics** and the Canadian Sport Institute technical lead working with BC Athletics, Garrett Collier, have the final authority over the Canadian Sport Institute nomination process. Any inquiries regarding the sport-specific selection criteria can be made to **Garrett Collier, Program Manager BC Athletics** – garrett.collier@bcathletics.org

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Athletics targeting runs **December 1 to November 30** annually, and athletes are selected based on performances from the previous 12 months. Athletes meeting criteria throughout the annual nomination cycle may be added to the BC Athletics targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative **Garrett Collier Program Manager, BC Athletics** garrett.collier@bcathletics.org

ATHLETE/COACH ENROLLMENT

Once the athlete or coach is nominated, they will be notified by BC Athletics and will be provided with information on how to enroll. All athletes and coaches must enroll with Canadian Sport Institute / Pacific Sport in order to receive athlete or coach supports and benefits.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing at the discretion of the PSO/DSO with BC Athletics as a competitive athlete and meet the definition of a BC athlete.
2. All athletes nominated should have a designated coach who is responsible for planned programming. Specific coach criteria must be identified under coach nominations
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC Athletics's nomination list at the discretion of the PSO/DSO when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred **AND**;
 - b. The athlete in question was nominated by BC Athletics in the previous 24 months.

LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC Athletics sport-specific criteria:

Sport Canada AAP Carded

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.
 - It is the responsibility of BC Athletics to consult with the NSO, identifying and nominating any Sport Canada AAP Carded athletes in the province of British Columbia.

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile) and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as “NextGen” defined as the expectation to be selected to the senior national team in eligible events **within 24 months** and verified by the NSO.

BC Athletics Sport Specific Criteria:

Able-bodied Athletes

- Athletes *selected* and/or *considered* as part of the **2023/2024** [Athletics Canada CAPP](#) “Podium” and “World Class” Program Levels as determined by the Athletics Canada High Performance Director, Head Coach, and Paralympic Performance Lead. **AND**; Who DO NOT appear on the Sport Canada AAP Carding List verified by the NSO. **OR**;
- Athletes *selected* and/or *considered* as part of the **2023/2024** [Athletics Canada CAPP](#) “International” and “Talent Confirmation” Program Levels as determined by the Athletics Canada High Performance Director, Head Coach, and Paralympic Performance Lead.

Para Athletes*

- Athletes *selected* and/or *considered* as part of the **2023/2024** [Athletics Canada CAPP](#) “International” and “Talent Confirmation” Program Levels as determined by the Athletics Canada High Performance Director, Head Coach, and Paralympic Performance Lead.

*Para-athletes must hold a national or international IPC classification which is of “review” or “confirmed” status

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND**;
 - Competed at the appropriate² age group or junior world championships in an eligible event (or equivalent international developmental event) in the previous 24 months **OR**;
 - Won a medal in an eligible event at their sport-specific national senior/open, appropriate² age group or junior championships (or equivalent level of performance standard) in the previous 24 months.

BC Athletics Sport Specific Criteria:

Athletes who meet Core Criteria; AND

Able-bodied Athletes

- Athletes who have achieved the published **BC Athletics U20 Performance Standard (See Appendix 2 & 3)** during the period of **December 1, 2022 – November 30, 2023***
- Athletes who have achieved the published **BC Athletics U23 Performance Standard (See Appendix 2 & 3)** during the period of **December 1, 2022 – November 30, 2023***
- Athletes who have achieved the published **BC Athletics Sr Performance Standard (See Appendix 2 & 3)** during the period of **December 1, 2022 – November 30, 2023*****OR**;
- Were named to the [2023 U20 or Senior BC Team](#) for the 2023 Canadian National Track and Field Championships

² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

Para Athletes*

- Were named to the [2023 BC Para Team](#) for the 2023 Canadian National Track and Field Championships **OR**;
- Won a medal in an eligible event at the National Senior or U20 Championships in the previous 24 months.

*Para-athletes must hold a national or international IPC classification which is of "review" or "confirmed" status

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development One according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND**;
 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
 - Won a medal in an eligible event at their appropriate² age group provincial championships in the previous 12 months,

BC Athletics Sport Specific Criteria*Athletes who meet Core Criteria; AND***Able-bodied Athletes**

- Athletes who have achieved the **BC Athletics U16 Performance Standard (See Appendix 2 &3)** during the period of **December 1, 2022 – November 30, 2023 OR**;
- Athletes who have achieved the **BC Athletics U18 Performance Standard (See Appendix 2&3)** during the period of **December 1, 2022 – November 30, 2023 OR**;
- Athletes who were named as part of the [2023 15YO/U18 Legion Team](#) **OR**;
- Athletes who qualified as a member of a BC Cross Country or a BC Road Team.
 - [BC Cross Country Teams](#)
 - [BC 5K Team](#) ○ [BC 10K Team](#) ○ [BC Half Marathon Team](#)
 - [BC Marathon Team](#)

Para Athletes

- To be nominated at this level, athletes will be verified in consultation with their relevant Disability Sport Organization's (DSO) High Performance Lead and/or Provincial Coach based on their performance at the 2022 National Championships and/or having placed within the top 20% at the appropriate 2022 age group Provincial Championships in the previous 12 months **OR**;

*Para-athletes must hold a national or international IPC classification which is of "review" or "confirmed" status OR be verified by DSO to be eligible for classification in the next 12 months.

[General Team BC selection criteria, if applicable]

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

AND,

- NCCP Competition Development Trained Status or ACD coach,

BC Athletics Sport-Specific Criteria:

- Must have a current Coach Membership with BC Athletics or equivalent in another Athletics Canada Branch or National Athletics Federation, **AND**;
- Be a member in good standing with BC Athletics or their AC Branch or equivalent National Athletics Federation, **AND**;
- Coach Training/Certification requirements:
 - Athletics Club Coach Certified, **OR**;
 - Athletics Performance Coach Certified, **OR**;
 - Athletics Performance Coach Trained.

APPENDIX 1 – Sport-Specific Benefits, Programs, and Services

BC Athletics Targeted Athlete/Coach Benefits, Programs, and Services

Podium / Canadian Elite / Canadian Development

- Priority access to all Athletics Canada and BC Athletics hosted event clinics;
- Funding (as available) for camp and clinic opportunities;
- Alerts and information on upcoming clinics, camps, conferences and programs;
- Discounted pricing (as available) on BC Athletics programs and services;
- Athletes – [External Sport Credit](#) – Athlete 10 with Regional/ Zone Select team selection, Athlete 11 with BC AAP or NAIG Team selection, and Athlete 12 with BC Team Selection (includes Cd Games);
- Assistance as requested by personal coaches with YTP and Annual Competition Plan development/review;
- Travel and entry fee costs and BC Athletics team clothing with athlete and team staff selection to BC Athletics Teams;
- Facilitating/coordination of athlete and personal coach information and professional development workshops;
- Individual and group discounts on purchases through the BC Athletics official team clothing/equipment supplier;
- Coordination of performance services – testing, nutrition, mental training and anti-doping education sessions.

Provincial Development – Level 1

- Priority access to all Athletics Canada and BC Athletics hosted event clinics;
- Funding (as available) for camp and clinic opportunities;
- Alerts and information on upcoming clinics, camps, conferences and programs;
- Discounted pricing (as available) on BC Athletics programs and services;
- Athletes – [External Sport Credit](#) – Athlete 10 with Regional/ Zone Select team selection, Athlete 11 with BC AAP or NAIG Team selection, and Athlete 12 with BC Team Selection (includes Cd Games);
- Assistance as requested by personal coaches with YTP and Annual Competition Plan development/review;
- Travel and entry fee costs and BC Athletics team clothing with athlete and team staff selection to BC Athletics Teams;
- Individual and group discounts on purchases through the BC Athletics official team clothing/equipment supplier
- Coordination of performance services – testing, nutrition, mental training and anti-doping education sessions.

Provincial Development – Level 2

- Priority access to all Athletics Canada and BC Athletics hosted event clinics;
- Funding (as available) for camp and clinic opportunities;
- Alerts and information on upcoming clinics, camps, conferences and programs;
- Discounted pricing (as available) on BC Athletics programs and services;
- Athletes – [External Sport Credit](#) – Athlete 10 with Regional/ Zone Select team selection, Athlete 11 with BC AAP or NAIG Team selection, and Athlete 12 with BC Team Selection (includes Cd Games);
- Assistance as requested by personal coaches with YTP and Annual Competition Plan development/review;
- Travel and entry fee costs and BC Athletics team clothing with athlete and team staff selection to BC Athletics Teams;

- Individual and group discounts on purchases through the BC Athletics official team clothing/equipment supplier
- Coordination of performance services – testing, nutrition, mental training and anti-doping education session.

APPENDIX 2 – 2023/2024 BC Athletics Performance Standards (Women)

2023/2024 BC Athletics Performance Standards							
<i>Women's Standards</i>							
Event	Senior Standard	U23 Standard	U20 Standard	U18 Standard		U16 Standard	
100m	11.79	11.95	12.21	12.40		12.63	
200m	24.03	24.43	24.68	25.33		25.90	
400m	53.94	54.91	56.10	57.58		300m	41.52
800m	2:06.69	2:08.80	2:12.56	2:15.00		2:17.98	
1500m	4:18.53	4:27.68	4:35.85	4:42.70		1200m	3:40.44
3000m	9:23.69	9:40.31	9:58.04	10:09.36		2000m	6:36.64
5000m	16:11.92	16:41.78	17:13.09				
10000m	35:06.10	35:58.32					
10000mRW	47:42.32	49:20.04	52:01.00	5000mRW	28:25.85	1500mRW	08:10.40
20000mRW	1:37:56.20	1:40:59.72					
100mH	13.62	14.01	14.38	14.47		80mh	12.15
400mH	59.54	01:00.80	01:03.73	01:03.95		200mh 28.79	300mh 46.41
3000mSC	10:17.38	11:09.75	11:24.83	2000mSC	7:19.99	1500mSC	5:13.23
High Jump	1.75m	1.72m	1.68m	1.64m		1.56m	
Pole Vault	4.01m	3.74m	3.60m	3.05m		2.85m	
Long Jump	5.93m	5.80m	5.65m	5.47m		5.25m	
Triple Jump	12.11m	12.02m	11.74m	11.55m		10.71m	
Shot Put	14.40m	13.25m	12.63m	3kg	13.49m	3kg	12.19m
Discus Throw	46.67m	46.59m	43.13m	39.31m		32.91m	

Hammer Throw	61.30m	57.29m	52.99m	3kg	53.23m	3kg	45.08m
Javelin Throw	48.48m	44.62m	43.24m	500g	41.45m	500g	35.88m
Heptathlon	4951pts	4789pts	4537pts	4171pts		Pentathlon	2912pts

Athlete/Coach Nomination Criteria

APPENDIX 3 – 2023/2024 BC Athletics Performance Standards (Men)

2023/2024 BC Athletics Performance Standards
Men's Standards

Event	Senior Standard	U23 Standard	U20 Standard		U18 Standard		U16 Standard	
100m	10.43	10.77	11.00		11.16		11.52	
200m	21.31	21.94	22.35		22.71		23.74	
400m	47.49	48.46	48.96		50.46		300m	36.88
800m	1:51.06	1:51.88	1:53.32		1:56.72		2:02.89	
1500m	3:48.57	3:52.02	3:58.17		4:03.55		1200m	3:20.79
3000m	8:30.00	8:38.38	8:49.64		8:52.30		2000m	6:08.67
5000m	14:18.11	14:49.19	15:08.31					
10000m	30:45.69	31:17.48	32:00.95					
10000mRW	44:01.00	46:00.00	46:55.10		5000mRW	26:32.06	1500mRW	7:45.00
20000mRW	1:30:46.80	1:34:51.80						
110mH	14.29	15.12	U20 - 14.77	SR - 15.38	14.79		100mh	14.70
400mH	53.88	54.72	54.93		57.56		200mh	26.38
3000mSC	9:06.50	9:21.15	9:35.72		2000mSC	6:26.63	1500mSC	4:40.99

High Jump	2.10m	2.06m	1.98m				1.85m		1.77m	
Pole Vault	5.00m	4.57m	4.30m				3.82m		3.22m	
Long Jump	7.27m	7.07m	6.83m				6.56m		6.12m	
Triple Jump	14.81m	14.44m	14.06m				13.68m		12.59m	
Shot Put	16.01m	15.65m	6kg	15.91m	7.26kg	14.46m	5kg	15.17m	4kg	14.70m
Discus Throw	49.34m	44.08m	1.75kg	45.70m	2kg	42.75m	1.5kg	46.10m	1kg	47.52m
Hammer Throw	59.85m	55.57m	6kg	56.48m	7.26kg	51.30m	5kg	54.03m	4kg	47.37m
Javelin Throw	63.44m	58.01m	800g		56.81m		700g	54.08m	600g	49.65m
Decathlon	6539pts	5825pts	U20 - 6021 Pts		SR - 5643 Pts		5436 Pts		Pentathlon	2798 Pts