



Report to BC Athletics Jan 2021 Report

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The Coach Education Report connects to the Technical Leadership Pillar of the Strategic Plan. It covers NCCP Coach Education Courses, Professional Development Opportunities, NCCP Coach Evaluations, and Coach Developer (Learning Facilitators and Evaluators) Training.

1. NCCP Coach Education

1.1. COVID-19 Response

- In-person courses and evaluation observations are not running in person at this time. WE will waiting until the February 5th update from the PHO. If some restrictions are lifted, we may possibly run courses for coaches from an individual club to attend to maintain a small cohort.
- If restrictions are not lifted, we may run the online theory modules of Sport and Club Coach. These modules are delivered over four 1.5 hour modules on separate evening. Note that this is not the full course, but participants would still have to complete the remaining 1.5 days of Sport Coach and 2.5 days of Club Coach in person.
- COVID-19 Safety Guidelines were created on Sept 22,2020 and can be found here:
[Return to In-Person Coach Education Full Guidelines](#)
[Return to In-Person Coach Education Summary Guidelines for Participants](#)

1.2. Course Updates

- The revised Road Running Course and Mentorship model for High Performance Coaches from Athletics Canada are still in development.
- Going forward, manuals for NCCP Coach Education will be available online. Coaches can request physical manuals for an additional fee. This is consistent with recommendations from Athletics Canada and Coaches Association of Canada.

1.3. Grants

- We received another Northern Coaches Grant from viaSport for \$2500. This will be used to host a variety of coach education events in Haida Gwaii, similar to the Fort Nelson courses that took place in November 2020. This will include Run Jump Throw Wheel, Sport Coach, and training a Learning Facilitator and Coach Evaluator for Run Jump Throw Wheel and Sport Coach. This is scheduled to take place in April or May, or when it is safe to do so.
- We have received a LeadForward Grant from viaSport of \$2500 to support a female coaching mentorship for next Spring and Summer. We are waiting on a response on our application for the Canadian Women and Sport Wise Fund (\$2500) to also support this initiative.

1.4. NCCP Courses to date Aug 2020 – Jan 2021

	Date	Course	Place	Club	Facilitator(s)	#'s
1	Nov 5-6	Club Coach Sprints	Fort Nelson	Fort Nelson Secondary School	Barb Vida	4
2	Nov 7-8	RJTW and Sport Coach*	Fort Nelson	Fort Nelson Secondary School	Barb Vida and Heather Sparshu	8
3	Nov 14-15	Sport Coach	Nanaimo	Nanaimo Track and Field Club	Sean Steele	4
4	Nov 27-22	Sport Coach	Kamloops	Kamloops Track and Field Club	Amber Gilbert	4
Total:						20

1.5 Cancelled Courses

- An October Road Running Course in Burnaby that was offered for those who had taken the Theory Modules from the Foundations of Coaching in Athletics online in the Spring 2020. This was cancelled due to a lack of participants.
- A Sport Coach in Richmond that was open to the Kayaks coaches that had taken the Theory Modules from the Foundations of Coaching in Athletics online in the Spring 2020 was cancelled due COVID19 Restrictions
- Some clubs who have not wanted to host courses, and coaches to attend courses due to COVID-19 concerns

2. Professional Development Opportunities

2.1 Professional Development to date Aug 2020 – Jan 2021

	Date	Course	Place	Club	Facilitator(s)	#'s
1	Sept 30	Effective Coaching Strategies for High Performance Coaches (1 of 3)	Online	BCA	Dr Shaunna Taylor	34
2	Oct 7	Sleep as a Crucial Factor for Maximizing Peak Performance	Online	BCA	Pat Bryne	18
3	Oct 28 th	Coach and Athlete Mental Health (2 of 3)	Online	BCA	Dr. Shaunna Taylor	22
4	Nov 7,8,10,12	2020 BC throws Summit	Online	BCA	Ashley Kovacs, Don Babbitt, Ryan Whiting, Boris Obergfoll,	63

5	Nov 22-26	2020 Virtual Performance Summit	Richmond	BCA/ Cycling BC	Dr Wade Gilbert, Brianne Theisen Eaton and Ashton Eaton, Dr .Trent Stellingwerff, Dr Shaunna Taylor, Dr. Sara Forsyth, Streamline Athletes, John O’Sullivan, Adam Sollitt, Sara Kramers, Sheereen Harris	35
6	Nov 25	Eating and Exercise Disorders in Sport (3 of 3)	Online	BCA	Dr Shaunna Taylor	35
Total:						137

3. Coach Evaluation

3.1 COVID-19 Response:

- Coaches can complete their portfolios online and complete their observation when safe to do so.

3.2 Evaluations to date Aug 2020 – Jan 2021

	Evaluation	#’s
1	Sport Coach	3
2	Club Coach	4
3	Performance Coach	3
Total:		10

4. Coach Developers

4.1 Updates:

- The online Learning Facilitator and Coach Evaluator training from Athletics Canada should be ready by the end of February so that we can train more Coach Developers.
- The BCA coach developer pathway and handbook will be available by the end of January 2021. This document will be sent to coach developers to outline the processes and procedures as a coach developer in BCA.
- From here, we will update our current coach developers, and train new ones, this winter.
- Four Learning Facilitators will complete viewports’ online NCCP Learning Facilitator Core Training February 7 and 9th – a requirement to facilitate NCCP Courses.

4.2. New Coach Developers Since Aug 2020

- One Coach Developer in Fort Nelson was trained as a Learning Facilitator for Run Jump Throw Wheel and Sport Coach as well as a Coach Evaluator for Run Jump Throw Wheel, Sport Coach and Club Coach
- We will be reaching out for other interested coach developers once the new courses from AC are completed.