



## BC Athletics Board Report – Coach Education. Fall 2019

Jennifer Brown, Coach Education Coordinator

### 1. Courses to date 2019:

	Date	Course	Place	Club	Facilitator	#'s
<b>Completed Courses (Jan 2019 – Nov 2019)</b>						
1	Mar 1-3	Sport Coach	Powell River	PRTFC	Barb Vida	7
2	Mar 2	MED	Powell River	PRTFC	Byron	7
3	Mar 29-31	Club Coach – Sprints, Endurance, Jumps	Nanaimo	NTFC	Barb Vida, Elena Voloshin, Mark Bomba	11
4	Apr 18-21	Performance Coach – Sprints, Endurance	Richmond	KJAK	Jennifer S., Barb V., Mike VT, Brenda VT, Connan Cooper	5
5	Apr 26-28	Sport Coach	Burnaby	BSTFC	Barb Vida	15
6	Apr 27	MED	Burnaby	BCA/Fortius	Tom Walker	14
7	May 10-12	Club Coach –Throws, Endurance, Jumps	Prince George	PGTFC	Barb Vida, Elena Voloshin	12
8	May 17-19	Club Coach – all events	South Surrey	OATF	Barb V., Byron Jack, Mark Bomba, Jennifer Joyce	14
9	May 24-26	Sport Coach	Kamloops	KTFC	Amber Gilbert	3
10	Sept 27	MED	Victoria	AVIC	Ron Wright	4
11	Oct 5-6	Sport Coach T&F	Penticton	City of Penticton	Brenda Van Tighem	5
12	Oct 5-6	Road Running	Penticton		Mike Van Tighem	3
13	Oct 25-27	Club Coach Throws with Para	Nanaimo	NTFC	Barb Vida and Jennifer Joyce	11
14	Oct 26 & 27	Road Running	Victoria	VIRA	Mike Van Tighem	14
<b>Upcoming Courses</b>						
15	Nov 15	MED	Langley	PSFV	Jennifer Schutz	
16	Nov 16-17	Sport Coach T&F	South Surrey	OAC	Barb Vida	
17	Nov 16-17	Road Running	South Surrey	OAC	Lynn Kanuka	
18	Spring - TBC	Performance Coach Jumps, Throws and Wheelchair Racing				

- Sept 26 Sport Coach in Victoria was cancelled by the club due to low registration numbers. We are waiting to hear from Athletics Victoria Track and Field Society on when they would like to re-host based on participant availability.

## 2. Professional Development. 2019

	Date	Course	Place	Club	Facilitator	#'s
<b>Completed Courses (Jan 2019 – Nov 2019)</b>						
1	Jan 19	HP Coach Seminar with CSI	Burnaby	BCA/CSI		9
2	Mar 14	Applications of Performance Testing	Burnaby	BCA/Fortius	Paul Gamble	6
3	Mar 18-22	Warm Weather Training	Vancouver	BCA	Paul Gamble	6
4	Jun 20	Harry Jerome Mentorship	Burnaby	BCA	Les Gramantik, Glenroy Gilbert, Gerry Dragomir	11
5	Sept 27-29	BC Throws Project Development Camp		BCA		8
6	Oct 26	BC XC Championship Mentorship	Victoria	BCA	Mike Van Tighem	11
<b>Upcoming Courses</b>						
7	Nov 10-11	2019 BC Throws Summit	Richmond	BCA		
8	Nov 30	National XC Championship Mentorship	Abbotsford	BCA	TBA	

3. **Grants:** BC Athletics will be providing travel grants for up to \$200 for 10 coaches to the upcoming International Conference of Athletics Excellence in Vancouver Nov 30-Dec 1. 3 People have applied thus far
4. **Course Updates.** Athletics Canada have recently updated their courses and evaluations. Some of the changes include:
  - a. Added a “Foundations of Athletics” component that contains theory modules in both sport and club coach. Therefore, those who complete the Foundations of Athletics in sport coach can now skip those modules in club coach and complete it in two days instead of three.
  - b. Those who have taken sport or club coach can now also skip some of the theory in the Sport Coach Road Running module to take a shorter course as well.
  - c. A competition observation is no longer required for Club Coach evaluation – only a portfolio and a practice observation.
  - d. A practice observation is no longer required for Run Jump Throw Wheel – only a portfolio
  - e. Some revisions are still needed to the courses as there are discrepancies in the schedules provided. In BC, we have been testing different versions of the Sport and Club Coach to pilot which works best.
5. **Learning Facilitators.** We had learning facilitators training in August/September to upgrade our learning facilitators with the new material in Run Jump Throw Wheel, Sport Coach and Club Coach. These trainings were led by Jennifer Schutz.
  - a. Sport Coach had five attendees: Brenda Van Tighem, Mike Van Tighem, and Amber Gilbert from the Okanagan, Barb Vida from Vancouver, and Sean Steele from Victoria.
  - b. Club Coach had five attendees: Brenda Van Tighem (Sprints - Okanagan), Mike Van Tighem (Endurance – Okanagan), Barb Vida (all events - Vancouver), Sheldan Gmitroski (throws - Victoria), Jennifer Joyce (throws- Victoria)
  - c. We will connect with other learning facilitators in the winter for them to be trained