

BCA Masters Committee Report – January 2018

Recognition

2018 BC Athletics Masters Awards

The following athletes were chosen as the best in their category during 2018.

Female Road Running Master of the Year – F50 – Marilyn Arsenault

Male Road Running Master of the Year – M55 – David Guss

Female Track Master of the Year – F80 – Christa Bortignon

Male Track Master of the Year – M45 – Dmitry Babenko

Female Field Master of the Year – F80 – Christa Bortignon

Male Field Master of the Year – M65 – Michael Deady

Female Cross Country – F50 – Jill Delane

Male Cross Country - M55 – David Guss

Membership

In December 2018, we had 542 masters members. This is 53 more than the 489 masters members in 2017. These membership numbers include all members with a competitive masters membership. It does not include other age 35+ members with other types of membership.

Competitions

Masters Events

In addition to all of the usual road running, cross country and T&F events that are open to masters in BC (including the BCA supported regional road running and cross country series), the following Championships are scheduled:

2019 Masters Championships

- 5K Championship: **BMO St Patrick's Day 5K**, March 16, 2019
- 8K Championship: **Steveston Icebreaker 8K**, January 20, 2019
- 10K Championship: **Times Colonist 10K**, April 28, 2019
- Half Marathon Championship: **GoodLife Fitness Victoria Half Mar.**, Oct. 13, 2019
- Marathon Championship: **BMO Vancouver Marathon**, May 5, 2019
- BC Cross Country Championships – Saanich, October 26, 2019
- Canadian Cross Country Championships – Abbotsford, BC, Nov. 30, 2019
- BC Masters Indoor T&F Championships – Kamloops, March 29-31, 2019
- BC Masters Outdoor T&F Championships – Langley, June 14-16, 2019

Other

2019 55+ Games – September 10-14 Kelowna, BC

Results

Participation by BC Athletics Masters Members in BC championships:

	2011	2012	2013	2014	2015	2016	2017	2018
5k	44	51	53	56	40	51	53	65
8k	11	44	44	26	35	22	17	39
10k	81	96	98	49	41	55	42	23
Half Mar.	29	78	74	87	71	31	35	21
Marathon	22	28	30	32	31	15	17	25
T&F Outdoor	103	102	128	103	137	89	126	161
T&F Indoor				27?	49	64	57	77
Cross Country	62	56	75	52	31	47	42	38

Initiatives and plans for 2019

We are planning to initiate a throws clinic for masters.

We would also encourage BCA to provide coaching clinics for people that may be interested in coaching masters athletes. We recognize a shortage of masters coaches within the BCA Clubs.

We also think that a program like Run, Jump Throw for masters might attract a significant number of older athletes that are currently active but not in our sport. The fitness classes in the various rec centres may be a good place to recruit participants.

External factors that could influence our initiatives

Shortage of masters committee members.

What initiative would we undertake if budget were not object?

An indoor training facility with a 200m track.

Other

After many years of participating in and contributing to the BCA Masters Committee, Harold Morioka and Tom Hastie have decided to step down. We thank them both for their significant contributions over the years.

I would also like to thank the other members of the BCA Masters Committee (Gerry Dragomir (Secretary), Bill Hooker, Dave McDonald, and Rose Hare for all of their work. I would also like to thank Mark Harding for contributing to our meetings as the BCA Board representative. Special thanks go to Gerry Dragomir for hosting our meetings.

Submitted by Jake Madderom – Chair, Masters Committee