



## **2024 BC ATHLETICS MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS**

March 8-9, 2024

The 2024 BC Athletics Masters Indoor Track & Field Championships were hosted at the Tournament Capital Centre in Kamloops, BC as part of the VanRyswyk Invitational on March 8-9, 2024.

Congratulations to all the athletes who competed, and we would like to acknowledge the outstanding performances and the 18 new BC Records that were broken!

Sunette returned to competition after three years, breaking five BC Masters records. She broke W55 records in the 60 metres, 60 hurdles, long jump, triple jump and shot put. All of her results were excellent, with her long jump of 4.32m only 7 cm off the Canadian record.

Cindy O'Brien Hugh broke three individual records in the W65 age group and anchored the W50 4x200m team to a new relay record. Cindy broke records in the 60 metres, 60m hurdles and long jump. Running with Cindy on the relay team were her Greyhounds teammates; Sharon Hann, Jane Hill and Debra Lachance.

Others who broke BC Masters records were; Pat Harton (M80 1500m), Juliette Christie (W60 3000m), Craig Maclean (M50 3000m), David Olsen (M60 3000m), Jennifer Harris (W55 pole vault) and four athletes in the Weight throw. Nicole Carlos not only broke the W50 BC record but her outstanding throw of 14.14m also shattered the Canadian record. The old Canadian record from 2014 is listed at 13.10m. Others who broke BC weight throw records were Christine Dalglish (W60), Cheryl Closkey (W75) and Dave McDonald on his 70th birthday (M70).

BC Athletics thanks the Kamloops Track & Field Club for hosting the 2024 BC Athletics Masters Indoor Championships. Thank you to all the officials and volunteers who made the event a great success!

See you in Kelowna for the 2024 BC Athletics Masters Outdoor Championships on June 28-30, 2024.