



Track and Field
Road Running
Marathons/Ultras
Cross Country Running
Race Walking

2013 BC 5K Road Race Championships

The provincial 5K road running championship were incorporated into St Patrick's Day 5K, and was open to any 2013 Junior, Senior, Masters or Road & Trail member of BC Athletics. The Championship winners were Geoff Martinson and Sabrina Wilkie.

Championship Results

Men

1. Geoff Martinson	14:39	1/10	M2529
2. Clifford Childs	14:43	1/12	M2024
3. Forrest Simpson	14:48	2/12	M2024
4. Justin Marpole-Bird	14:49	2/10	M2529
5. Ryan Brockerville	14:50	3/12	M2024
6. Theo Hunt	14:50	4/12	M2024
7. David Jackson	14:54	1/3	M3539
8. Kevin Friesen	14:58	3/10	M2529
9. Kristopher Swanson	15:01	1/4	M3034
10. Patrick Psocka	15:05	5/12	M2024
11. Richard Mosley	15:06	2/4	M3034
12. Josh Clouthier	15:06	6/12	M2024
13. Sam Pawluk	15:12	4/10	M2529
14. Dylan Haight	15:17	7/12	M2024
15. Jeremiah Ziak	15:17	2/3	M3539
16. Ryan Huff	15:19	5/10	M2529
17. Jeremiah Johnston	15:26	6/10	M2529
18. Mark Wilkie	15:27	7/10	M2529
19. Declan White	15:29	8/12	M2024
20. Justin Kent	15:32	9/12	M2024
21. Kevin O'Connor	15:33	1/4	M4549
22. Dylan Gant	15:44	8/10	M2529
23. David Palermo	15:49	3/4	M3034
24. Logan Roots	15:53	10/12	M2024
25. Tim Delcourt	15:59	1/5	M1819
26. Nathan Reiter	16:02	9/10	M2529
27. Ben Brzezynski	16:04	11/12	M2024
28. Ian Searle	16:09	12/12	M2024
29. Nicholas Browne	16:17	4/4	M3034
30. Michael Abraha	16:25	2/5	M1819
31. Drew Nicholson	16:31	10/10	M2529
32. Mark Bennett	16:35	1/9	M5054
33. Andrew Tuovinen	16:56	2/9	M5054
34. Mike Fertuck	17:52	3/3	M3539
35. Michael Cheang	18:00	3/5	M1819
36. Mark Pinckard	18:03	3/9	M5054
37. Gary Duncan	18:16	1/3	M5559
38. Robert Uebbing	18:17	2/4	M4549
39. Larry Nightingale	18:18	4/9	M5054
40. Caleb Cheng	18:20	4/5	M1819
41. Wayne Guest	18:37	5/9	M5054
42. Alan Li	18:57	5/5	M1819
43. Dave Frilund	19:06	2/3	M5559
44. Kevin Zakreski	19:32	1/1	M4044

45. Ed Ansems	20:46	1/5	M6569
46. Mark Shorter	21:10	3/3	M5559
47. Bill Chang	21:18	6/9	M5054
48. Andrew Lai	21:30	7/9	M5054
49. Vaclav Sladek	21:51	3/4	M4549
50. Robert Haines	22:08	1/5	M6064
51. Gordon Flett	22:31	8/9	M5054
52. William Goldstein	22:48	2/5	M6064
53. Jake Madderom	23:16	2/5	M6569
54. Steven Lowe	23:18	3/5	M6064
55. Steve Merrick	23:53	4/4	M4549
56. Akram Khan	24:41	1/2	M7074
57. Rick Horne	25:35	4/5	M6064
58. Arnold Sikhakhane	25:56	9/9	M5054
59. Gerald Tincher	25:58	3/5	M6569
60. Bob Brough	26:08	4/5	M6569
61. Dan Murphy	28:07	2/2	M7074
62. Pat Cheung	28:33	5/5	M6064
63. Ben Seghers	29:38	5/5	M6569

Women

1. Sabrina Wilkie	17:08	1/5	F2529
2. Erin Burrett	17:17	1/6	F3034
3. Catherine Watkins	17:17	1/4	F4044
4. Ellie Greenwood	17:36	2/6	F3034
5. Lisa Brooking	18:04	2/5	F2529
6. Claire Morgan	18:05	1/4	F3539
7. Patricia Roney	18:11	3/5	F2529
8. Kristina Rody	18:28	2/4	F3539
9. Jessica Hannah	18:31	3/6	F3034
10. Tracy Wakaluk	18:40	2/4	F4044
11. Nikki Reiter	18:41	4/5	F2529
12. Tara Klassen	18:42	3/4	F3539
13. Katherine Moore	18:43	4/4	F3539
14. Ally Ginther	18:45	1/1	F1819
15. Courtney Powell	18:47	5/5	F2529
16. Juliette Christie	19:05	1/5	F5054
17. Nancy Fedoruk	19:37	4/6	F3034
18. Cindy Rhodes	20:05	1/3	F5559
20. Carie Moran	21:01	3/4	F4044
21. Junko Kosugi	22:14	4/4	F4044
22. Vicki Mann	23:09	1/2	F4549
23. Irene Wingate	23:29	1/2	F6569
24. Teresa Nightingale	23:34	2/2	F4549
25. Beverli Barnes	23:45	2/5	F5054
26. Lisa Pearlman	23:56	5/6	F3034
27. Linda Ordowski	24:12	3/5	F5054
28. Tracey Price	24:25	4/5	F5054
29. Suzette Narbonne	24:56	5/5	F5054
30. Lynette Baldock	25:42	2/2	F6569
31. Sharon Rudick	25:55	2/3	F5559
32. Lenore Montgomery	30:35	1/1	F8084
33. Kristie Congram	42:54	3/3	F5559
34. Allison Tai	58:17	6/6	F3034

Congratulations,

Maurice Wilson

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