



2016 BC 10K Road Running Championships

The provincial 10K road running championship was incorporated into the Vancouver Eastside 10K, hosted by the Canada Running Series, and was open to any 2016 Junior, Senior, Masters or Road & Trail member of BC Athletics. The Championship winners were Justin Kent and Dayna Pidhoresky.

Championship Results

Men

1	Justin Kent	M20-24	1/6	30:26
2	Geoff Martinson	M30-34	1/7	30:43
3	Kevin Coffey	M30-34	2/7	31:01
4	Shoayb Bascal	M25-29	1/7	31:07
5	Evan Elder	M20-24	2/6	31:10
6	Theo Hunt	M25-29	2/7	31:38
7	Dylan Wykes	M30-34	3/7	31:43
8	Christian Gravel	M20-24	3/6	31:53
9	Rob Watson	M30-34	4/7	32:01
10	Bryan Andrews	M30-34	5/7	32:37
11	Blair Johnston	M20-24	4/6	32:46
12	Jeremiah Ziak	M40-44	1/7	33:16
13	Kevin O'Connor	M45-49	1/8	33:52
14	Craig Odermatt	M45-49	2/8	34:08
15	Drew Nicholson	M30-34	6/7	34:14
16	Tom Michie	M30-34	7/7	34:25
17	Ron Loewen	M25-29	3/7	34:48
18	Inaki Gomez	M25-29	4/7	34:53
19	Tim Adkins	M35-39	1/9	35:05
20	Tatsuya Hatachi	M45-49	3/8	35:21
21	Ben Hanke	M35-39	2/9	35:38
22	Robert Logue	M25-29	5/7	35:53
23	Jacob Loewen	M20-24	5/6	35:57
24	Jeremy Hopwood	M35-39	3/9	36:00
25	James Newby	M40-44	2/7	36:08
26	Russ Esau	M45-49	4/8	36:10



27	Josh Seifarth	M25-29	6/7	36:11
28	Chris Napier	M35-39	4/9	36:22
29	Felipe Edora	M45-49	5/8	36:34
30	Andrew Slack	M35-39	5/9	36:49
31	Mike Bridges	M45-49	6/8	36:55
32	Ben Lui	M35-39	6/9	36:58
33	Stephen Havas	M40-44	3/7	37:01
34	Sean Peicheff	M45-49	7/8	38:35
35	Philip Finlayson	M40-44	4/7	38:43
36	Darrell Lahey	M35-39	7/9	38:53
37	Mathieu Champagne	M40-44	5/7	39:20
38	William Harvey	M55-59	1/3	40:26
39	Mark Pinckard	M55-59	2/3	40:54
40	Kevin Zakreski	M45-49	8/8	41:05
41	Danny Keyes	M55-59	3/3	41:12
42	Evan Dunfee	M25-29	7/7	41:42
43	Cyrus Sy	M35-39	8/9	41:52
44	Leo Lam	M60-64	1/3	43:57
45	Mike Hsiao	M20-24	6/6	45:04
46	Scott Stewart	M65-69	1/3	45:59
47	Ian Morrison	M40-44	6/7	46:18
48	Terry Riggins	M65-69	2/3	46:42
49	Richard Sim	M60-64	2/3	47:05
50	John Ferber	M50-54	1/3	47:25
51	William Goldstein	M65-69	3/3	49:10
52	Bradley Cuzen	M40-44	7/7	49:24
53	Simon Farrar	M50-54	2/3	49:46
54	Greg Lockwood	M35-39	9/9	50:22
55	John Hollifield	M70-74	1/1	54:17
56	Robert Murray	M50-54	3/3	1:03:17
57	Paul Baluch	M60-64	3/3	1:04:59

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Women

1	Dayna Pidhoresky	F25-29	1/8	33:35
2	Natasha Wodak	F30-34	1/8	33:42
3	Natasha Labeaud	F25-29	2/8	35:37
4	Sabrina Wilkie	F30-34	2/8	36:03
5	Jen Moroz	F30-34	3/8	36:26
6	Christy Lovig	F35-39	1/3	36:32
7	Neasa Coll	F30-34	4/8	36:36
8	Kate Gustafson	F30-34	5/8	37:09
9	Ellie Greenwood	F35-39	2/3	37:19
10	Lissa Zimmer	F25-29	3/8	37:50
11	Cheryl Pepin	F30-34	6/8	38:18
12	Meredith MacGregor	F30-34	7/8	38:40
13	Corri Longridge	F30-34	8/8	39:09
14	Jillian Fong	F50-54	1/4	39:24
15	Melanie Kassel	F40-44	1/2	39:33
16	Claudia Edwards	F45-49	1/4	40:04
17	Jenn Dowling-Medley	F25-29	4/8	40:09
18	Laura Morrison	F25-29	5/8	40:39
19	Margreet Dietz	F45-49	2/4	41:46
20	Rika Hatachi	F45-49	3/4	42:14
21	Kristyn Webster	F25-29	6/8	42:54
22	Shannon Banal	F35-39	3/3	43:11
23	Lynda McCue	F40-44	2/2	44:17
24	Jill Delane	F50-54	2/4	45:05
25	Jane Howlett	F25-29	7/8	45:46
26	Teresa Nightingale	F50-54	3/4	46:38
27	Beverli Barnes	F55-59	1/2	49:34
28	Rachel Fouladi	F45-49	4/4	50:33
29	Cynthia Stout	F60-64	1/2	51:24
30	Judy Westacott	F60-64	2/2	58:37
31	Lynette Baldock	F70-74	1/1	1:00:11
32	Giuliana Graves	F25-29	8/8	1:03:13
33	Margaret Coe	F55-59	2/2	1:03:53



34 Elizabeth Boghean F50-54 4/4 1:11:37

Congratulations,

Maurice Wilson

BC Athletics, Technical Manager Road & XC Running

