



BC Athletics Board of Directors Report – Nov 21, 2020

Technical Manager – Track & Field

Chris Winter, BC Athletics Technical Manager - Track & Field

Hi All,

As was [recently announced](#) I will be leaving BC Athletics as the end of this year and will be taking on the role of Director, Domestic Program & Safe Sport with Athletics Canada. My first day will be January 4, 2021.

Anyone that I have had the fortunate opportunity of working with over the past 4 years will know that I love this sport and have thoroughly enjoyed my role with BC Athletics. Having the opportunity to work in sport, and support our athletes, coaches, & officials has been my dream job and I feel fortunate that I will be able to continue my journey in Athletics with Athletics Canada.

During my time with BCA I have been fortunate to have had many great mentors in Brian, Sam, Maurice, Richard, and Gerry and incredible colleagues in Sabrina, Clif, and Jennifer. Together we have worked to help lead and deliver meaningful sport for athletes across the Province and, we managed to have a bit of fun in the process.

While I am looking forward to my new role with Athletics Canada and the new opportunities and challenges it will provide, I am happy to report that we will not be going too far away. We are fortunate that we are able to remain in Vancouver and Brian and I have already discussed the opportunity to have me continue to work out of the BC Athletics office 1-2 days a week, allowing for continued collaboration.

Lastly, I would like to say thank you to the BC Athletics Board of Directors for all they do to support Athletics in BC. We are all facing unseen challenges in life and in sport, and it is my hope that Athletics can play a role in helping our communities and the individuals that live in them to recover and thrive.

Look forward to continuing to collaborate with you all going forward.

Sincerely,

Chris Winter



As per BC Athletics Strategic Plan, the Technical Manager's report is framed within the four Pillars of Athlete Development, Technical Leadership, Competition, and Organization Capacity.

Track & Field Committee

There are vacant committee positions for which the Technical Manager is working with the Chair of the Track & Field Committee to fill. All interested coaches/athletes are asked to please contact Chris Winter (Chris.Winter@bcathletics.org)

Current Committee:

Tyler Heisterman (Board Liaison)	Tara Self (Chair - Sprints/Hurdles)
Nicholas Ayin (Male Athlete Rep - Sprints/Hurdles)	Jessica Smith (Female Athlete Rep - Middle Distance)
Laurie Willett (Throws)	Sheldan Gmitroksi (Throws)
Open (Jumps)	Elena Voloshin (Jumps)
Ana Karanovic (Para)	
Brant Stachel (Middle Distance)	Mark Bomba (Middle Distance)
Pat Sima-Ledding (Combined Events)	Barb Vida (Combined Events)

PILLAR: ATHLETE DEVELOPMENT

1. 2020/2021 BC Athlete Assistance Program (AAP)

- Upcoming Important Dates:
 - Application Deadline extended until Dec 31, 2020
 - BC Athletes Assistance Program (AAP) Athletes Identified - February 2021
 - Circulation of Funding - February 2021

2. 2020/21 BC Athletics High Performance Targeted Athlete Program

- 196 athletes were nominated under this program and receive access to targeted Programming with BC Athletics (ex. BC Throws Project & BC Sprint/Hurdle Project) as well as they are able to register with the Canadian Sport Institute.

Tier	2018/2019	2019/2020	2020/2021*
Provincial Dev Level 2	89	98	89
Provincial Dev Level 1	40	64	62
Canadian Dev	25	25	24
Canadian Elite	23	21	21
Total	177	209	196

- *Athletes have until Dec 31st to qualify and apply.



3. BC Throws Project

- Project Leadership: Garrett Collier, Sheldon Gmitroski, Laurie Willett, Dylan Armstrong & BCA Staff
- Funding: Through Enhanced Excellence BCA has received \$15,000.00 in funding to support this project and its programs/activities.
- Past Activities:

BC Throws Summit							
Year	Date	Location	Attendees	External Revenue / VIK	Registration \$	Presenters	Satisfaction Rating (out of 5)
2017	October 21-22, 2017	Fortius	21	\$0.00	\$1,049.58	TJ Crater	4.85 (7 Responses)
2018	Nov 10-11, 2018	Richmond Oval	31	\$9,500.00	\$3,333.75	Don Babbitt; Anatoliy Bondarchuk; Dylan Armstrong	4.57 (14 Responses)
2019	Nov 9-10, 2019	Richmond Oval	25	\$6,000.00	\$3,617.50	Don Babbitt; Mohammed Saatara; Larry Steinke	4.71 (7 Responses)
2020	Nov 7, 8, 10, 12, 2020	Virtual	63	\$6,500.00	\$5,985.00	Don Babbitt; Ashley Kovacs; Ryan Whiting; Boris Obergfoell	5 (4 Responses)

BC Throws Development Camp						
Year	Date	Location	Attendees	Registration \$	Lead Coaches	Satisfaction Rating (out of 5)
2019	Sept 2019	Kamloops	49	\$6,950.00	Sheldon Gmitroski, Garrett Collier, Dylan Armstrong	4.60 (20 Responses)
2020	Sept 2020	Kamloops	44	\$5,700.00	Sheldon Gmitroski, Garrett Collier, Dylan Armstrong, Laurie Willett	4.47 (15 Responses)

4. BC Sprint / Jumps Project

- Project Leadership: Laurier Primeau, Tara Self, & BCA Staff
- BC Athletics Funding: Through Enhanced Excellence BCA has received \$15,000.00 in funding to support this project.
- Activities:
 - 2020 BC Sprints / Jumps Project Camps Cancelled due to COVID-19
 - 2021 BC Sprints / Jumps Project Development Camp planned for March 2021



5. 2020 BC Team Program

- All 2020 BC Team Cancelled due to COVID-19

6. 2020/21 BC Athletics Training Camps & Events

- **Webinar Series: Effective Leadership Strategies for the High-Performance Coach**
 - Target: Coaches
 - Presenter: Dr. Shaunna Taylor
 - Dates:
 - Sept 30th, 2020
 - Free to BCA Coach Members as part of “National Coaches Week”
 - Attendees: 45
 - Revenue: \$141.75 (fees paid by non BCA Coach Memebers)
 - Oct 28, 2020
 1. Attendees: 36
 2. Revenue: \$280.00
 - Nov 25, 2020 (As part of the 2020 Performance Summit)
- **Sleep as a Crucial Factor for Maximizing Sleep**
 - Target: Athletes & Coaches
 - Presenter: Pat Byrne
 - Date: Oct 14, 2020
 - Attendees: 18
 - Revenue: \$170.00
- **2020 Performance Summit**
 - Target: Athletes, Coaches, Parents
 - Partnered with Cycling BC
 - Dates: Nov 22-26, 2020
 - Location: Virtual
 - Attendees: Open to all BC Athletics Members
 - Invitations: BC Athletics High Performance Targeted Athletes & Coaches
 - Presenters:
 - Dr. Wade Gilbert - Principles of Quality Coaching
 - Brianne Theisen-Eaton & Ashton Eaton - Road to the Olympic Podium
 - Dr. Trent Stellingwerff - Heat/Cold/Altitude: Strategies to enhance adaptation, performance, and maintain health
 - Dr. Shaunna Taylor - Eating & Exercise Disorders in Sport: Signs, Symptoms, & Prevention Measures
 - Dr. Sara Forsyth - The Tired Athlete: An Issue of Under recovery
 - Streamline Athletes - Navigating University Recruitment During COVID-19: For Athletes, Parents/Guardians, & Coaches



- John O'Sullivan - The Car Ride Home: The Parents Guide to Raising Happy, High Performing Athletes
 - Adam Sollitt - Coaching Under the New Ethics Guidelines
 - Sara Kramers - Navigating Life's Major Transitions: High School, University, and Beyond
 - Sheereen Harris - Mental Fitness - Decision-making under fatigue

 - **2020 BC Throws Summit**
 - See Report Above
 - Canadian Women & Sport – WISE Fund (\$2,500.00)
 - The recipients of the 2020 Women in Coaching Grants Include:
 1. Pat Sima-Ledding, Okanagan Track & Field Club
 2. Marilyn Benz, Okanagan Track & Field Club
 3. Kathleen Henderson, Greyhound Masters Track & Field Club
 - Helped support bringing in an expert female coach - Ashley Kovacs

 - **BC Throws Project Development Camp**
 - See Above
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PILLAR: COMPETITION

1. 2021 Calendar of Events

- Meetings held with VIAA (Zone 6) and Lower Mainland (Zone 3,4,5) regarding 2020 Competition Calendars.
- Planning underway for a meaningful competition calendar despite COVID-19 Restrictions.
- Exploring new ways of hosting meets. (i.e. Twilight Meets, Single event / event groups, single age groups, etc.)
- Need to recruit and train new Officials and Volunteers in order to grow capacity. BCA Officials Committee has already worked to deliver a Pilot Online Training Module for Levels 1 & 2 which will be helpful in training these new officials.

- **2021 Key Dates:**
 - Canadian Track & Field Championships – June 24 – 27, 2021 – Montreal, QC
 - BC Track & Field Championships Jamboree – July 9-11, 2021 – Prince George, BC
 - Olympic Games – July 23 – August 8, 2021 – Tokyo, Japan
 - National Youth Track & Field Championships – August 6-8, 2020 – Sherbrooke, QC
 - Paralympic Games – August 24 – Sept 5, 2021 – Tokyo, Japan

- **2022 Key Dates:**
 - Canadian Track & Field Championships – June 23 – 26, 2022 – Langley, BC
 - BC Track & Field Championships Jamboree – TBD – Kamloops, BC



- World Athletics Championships – July 15 – 24, 2022 – Eugene, USA
- Commonwealth Games – July 27 – August 7, 2022 – Birmingham, England
- National Youth Track & Field Championships – August 5-7, 2022 – Sherbrooke, QC
- Canada Summer Games – August 6 – 21, 2022 – Niagara, ONT

2. 2021 Pacific Distance Carnival & Canadian 10,000m Championships

- 2021 Event Scheduled for May 30, 2021
 1. All sponsors have committed support for 2021 event.
 2. Sport Canada Hosting Grant Submitted – Nov 2020

3. 2021 BC Masters Championships

- Request for bids opening this week.
- Host to be named by end of 2020.

4. Event Sanctioning

- Oversaw the BC Athletics process for the sanctioning of Track & Field Competitions

Year	Sanctioned Events	Not Received	Cancelled Events	Male Participants	Female Participants	Males (Para)	Females (Para)	Total Participants	PESF Fees
2020	105	5	59	960	638	43	1	1603	\$560.07
2019	79	15	3	9,370	8,940	91	35	18,436	\$6,078.07
2018	68	2	3	11,432	10,691	89	57	22,269	\$6,968.42
2017	76	5	3	10,951	10,087	44	27	21,109	\$6,221.96

“Traditional” BC Athletics Sanctioned Meets

Event Name	Total Participants	Event Name	Total Participants	Increase/Decrease	% Increase / Decrease
Harry Jerome Indoor Games - 2019	480	Harry Jerome Indoor Games	533	53	9.94%
Gary Reed Indoor Invitational	173	Gary Reed Indoor Meet	185	12	6.49%
2019 Van Ryswyk / BC Masters Championships	83	2020 Van Ryswyk / BC Masters Championships	197	114	57.87%
Total	736		915	179	24.77%

Comments:

- COVID-19 led to the cancellation of the majority of events here in BC.
- BC Athletics announced on July 28, 2020 it would be possible to sanction and hold “In-Club” / “In Training-Group” Competitions. As a result, we will see more of these types of competitions held in late summer and early august allowing athletes to registered officials marks that can be included in Provincial/National Rankings and be eligible for Records.

PILLAR: ORGANIZATION CAPACITY

1. Organizational Management - Professional Development

- Began “Non-Profit Management Certificate” at SFU.



- Completed 2 of 6 courses as of August 2020.
- Currently enrolled in “Project Management for the non-profit sector”.

2. Communication and Marketing

• BC Athletics’ Social Media

- Efforts made to highlight BC Athletics Programs, Services, and Athlete Highlights using our Website, Social Media, Newsletter, and events.

• BC Athletics’ Record eNewsletter

- In October, our Intern, collected the email address of our key funding partners and stakeholders. These individuals received a “welcome email” from Greg and have now been added to our newsletter subscriber list.
- Metrics Update:

