

2024 BC SENIOR TEAM SELECTION CRITERIA & STANDARDS

1. OVERVIEW

This document will serve as the selection document for the **2024 BC Senior Track & Field Team**. All selections will be made in accordance with these criteria. Athletes and coaches are asked to please familiarize themselves with this document. If you have any questions, please contact the Program Manager for Track & Field, Garrett Collier at garrett.collier@bcathletics.org.

PLEASE NOTE: If there have been any changes to this criterion, it will be noted under Section 12 under CHANGE HISTORY

2. IMPORTANT DATES

a. QUALIFICATION PERIODS

DATES	EVENTS	NOTES
June 1, 2023 – June 9, 2024	Racewalk Events	See: Appendix A for Qualifying Standards
March 1, 2024 – May 5, 2024	10,000m	
March 1, 2024 – June 9, 2024	All Other Events	

b. IMPORTANT DATES

DATES	EVENTS	NOTES
May 5, 2024	Athlete Declaration Deadline - Online	10,000m Only
May 7, 2024	Selection Meeting + Team Announcement	10,000m Only
May 11, 2024	Canadian 10,000m Championships	Coquitlam, BC
June 9, 2024	Athlete Declaration Deadline - Online	All Other Events
June 12, 2024	Final Team Announcements	All Other Events
June 26-30, 2024	Bell Olympic and Paralympic Trials	Montreal, QC
July 12-14, 2024	BC Athletics Track & Field Championships	Nanaimo, BC

3. TEAM OBJECTIVES

The selection criterion is set to select athletes as probable finalists and/or possible medallists. The specific objectives for this team include:

- To have more athletes advance to finals than in the previous year;
- To have more athletes achieve podium performances than in the previous year;
- To select athletes capable of performing at their personal best level.

4. FUNDING

BC Athletics will provide support (pending confirmation of funding for 2024/2025) to those athletes selected to the 2024 BC Senior Track & Field Team. For more information, please see the published criteria and standards within this document in addition to the [BC Athletics General Criteria for Funding and Team Selection](#).

5. ELIGIBILITY

To be eligible for the 2024 Senior Track & Field Team, athletes must:

- a. Meet the BC Athletics General Criteria for Funding Support and Team Selection
- b. Have been registered as a BC Athletics Competitive Member at the time of achieving the published selection standard (see **Appendix A**)
- c. Submit an **Online Athlete Declaration Form** prior to the published declaration date (see Section 3a).
- d. Achieve the published standard in the event they wish to be considered for (see Appendix A) within the published qualifying period (see Section 3b)
- e. Must comply with Competitive Readiness Requirements as outlined in Section 7.
- f. Must be at least 18 years of age (U20) as of December 31, 2024 (see AC Rule 86e)

6. SELECTION CRITERIA + STANDARDS

g. METHODOLOGY

When producing team standards, BC Athletics works with the philosophy of “probably finalist, possible medallist.” The 2024 BC Senior Team Standards are based on the average of 6th ranked performance from 2021, 2022 and 2023 or the average National 8th ranked performance from 2021, 2022, and 2023. When the 6th ranked performance in 2023 was a lesser performance than the 3 year-average, the average 8th ranked performance was used (with some exceptions in field events).

Race Walk: The 20K Race Walk standard is based on average National 1st ranked performance in 2017, 2018, 2019, 2022 and the 2023 Pan Am Race Walking Cup U24 Standards.

h. ELIGIBLE PERFORMANCES

All performances must appear on the [Athletics Canada Outdoor Rankings](#). It is the responsibility of the athlete to ensure eligible performances appear in the rankings to be considered for selection. Please submit results to results@athletics.ca. For performances that take place on the last day of the qualification period (see Section 3a), please email the Program Manager for Track & Field at garrett.collier@bcathletics.org.

i. IN-ELIGIBLE PERFORMANCES

For purposes of selection the following performances will not be eligible for selection or funding:

- i. Wind-Aided Performances.
- ii. Hand-Timed Performances for events 800m and shorter.
 - Hand-Timed performances in individual and relay events, 800m and shorter will not be accepted for the purposes of team selection. For other events, hand timed results will be accepted for selection when accompanied by documentation signed by the chief track referee.

j. SELECTION PROCESS

Eligible athletes will be selected using the following criteria:

- i. Declared athletes will be considered by their percentage of standard in descending order until the team has been filled.
- ii. Other athletes may be considered by nearness to standard and medal potential based on results during the published qualifying period (see Section 3a).
- iii. There will be NO SELECTION TRIALS for the BC Senior Team(s).

7. COMPETITIVE READINESS

Selected athletes are expected to be competition ready at the time of selection and leading up to, and at, the provincial team events. As part of demonstrating competitive readiness, athletes will be required to complete the steps below.

k. BC TEAM ACKNOWLEDGEMENT FORM

All selected athletes and their primary coaches must complete, sign and submit the BC Team Selection Acknowledgement Form prior to receiving team information (travel, accommodations etc..). As a part of this form, both athlete and primary coach must disclose to BC Athletics any reasons (injury or illness) that may affect their competitive readiness.

l. COMPETITIVE READINESS

If a selected athlete presents reasons (injury or illness) that may result in questionable competitive readiness, BC Athletics will work with the athlete and coach on a case-by-case basis to certify the athlete's competitive readiness.

m. EVALUATIONS

Athletes with questionable competitive readiness will be required to submit a "Back to Competitive Readiness Plan" and required to prove fitness. This may be through proof of fitness at a competition, of video proof of fitness to be submitted on a case-by-case basis. In some cases, medical documentation may be used as an evaluation tool is competition is not possible.

n. VIOLATION OF COMPETITIVE READINESS

If an athlete and personal coach falsely certify that a selected athlete is competitive ready resulting in poor performance or non-performance at the BC Team event, the athlete and personal coach could be:

- i. Responsible for refunding BC Athletics the total costs incurred for team travel, entries, equipment transportation and any additional costs associated with the BC Team.
- ii. Deemed members not-in-good standing with BC Athletics and limited or suspended from any further BC Team Program opportunities.

BC Athletics will consider these situations on a case-by-case basis.

8. OFFICIAL TEAM ANNOUNCEMENTS

o. PRELIMINARY EMAILS

Athletes who are preliminarily selected to the BC Senior Team roster will be contacted via email to confirm their selection to the team. Athletes receiving a preliminary email are reminded that these emails are not final confirmation of team selection until after all appeals have been processed. Final confirmation will be through website and social media postings.

p. WEBSITE & SOCIAL MEDIA

Once the final team roster has been decided and preliminary emails are sent with confirmations received, BC Athletics will post the final team roster on the BC Athletics website and social media channels. Athletes will have their name, event(s), club, and primary coach listed on the roster.

9. APPEALS

q. WHO CAN APPEAL

Only athletes who have achieved the published standard (see Appendix A) during the published qualifying period (see Section 3a) or have met the selection criteria (see Section 6) may submit an appeal

r. APPEAL PROCESS

After BC Athletics have posted the BC Senior Team roster on the BC Athletics website, athletes who meet the criteria under Section 9a (above) must submit an appeal within 24 hours of the posting of the team (see Section 8) through the BC Team Program Appeal for Selection form.

Once an eligible appeal has been received, BC Athletics in consultation with the Appeals Committee (Program Manager for Track & Field and the Track & Field Committee) will render a decision. Once the appeals committee has made their decision, the decision will be considered final, and the appeal will be closed.

10. TEAM INFORMATION

Please read below for all important BC Team information. If you have any questions, please contact the BC Athletics Program Manager for Track & Field at garrett.collier@bcathletics.org

s. TEAM EVENTS

2024 BC Senior Team Events are:

- i. Canadian 10,000m Championships (May 11, 2024) – Coquitlam, BC
- ii. Bell Canada Olympic and Paralympic Trials (June 26-30, 2024) – Montreal, BC

t. TEAM SIZE

BC Athletics will endeavour to support as many athletes as possible who meet the selection criteria, based on 2024-25 available funding. The final team size will be determined once the qualifying period ends. **Please note that team spots will be filled up to 3 athletes per gender, per event.** Additional athletes may be added to a filled event if the event is their secondary event, and they meet the criteria for secondary events listed below (see Section 10e)

u. TEAM STAFF

BC Athletics Team Staff will be announced on the BC Athletics website prior to the selection of any team. BC Athletics will name staff to be onsite for all event areas/disciplines. If deemed necessary by BC Athletics and the Head Coach, additional staff may be added.

v. TEAM FEES

All athletes selected to a BC Team are required to pay BC Team Fees. For more information on BC Team Fees including costs per team, and a breakdown, please consult the [BC Athletics General Criteria for Funding and Team Selection](#).

w. TEAM ENTRIES

BC Athletics will enter all selected athletes into the Canadian Championship event(s). Selected athletes must compete in their selected event. An athlete may be entered in additional events if performances in those event(s):

- i. Are equal to, or surpass the published team standard (see Appendix A); and/or

- ii. Does not hinder performance in the primary selected event as determined by BC Athletics in consultation with the athlete and personal coach.

x. TEAM TRAVEL

BC Athletics will be booking flights from BC departure locations only. Athletes wishing to make their own travel arrangements must contact the Program Manager for Track & Field for approval prior to the online declaration date via the **Online Athlete Declaration Form** (see Section 3b).

Athletes who have been approved to make their own travel arrangements are asked to send receipts to the Program Manager for Track & Field through the BC Team Travel Reimbursement Form no later than 2 weeks after the completion of the BC Team Event. Selected athletes will receive a refund of either A) the cost of travel incurred by the athlete, or B) what the cost to BC Athletics would have been to send an athlete from a BC location, whichever is less.

y. TEAM ACCOMMODATIONS

BC Team athletes are responsible for the payment of their accommodations. BC Athletics will make reservations at a designated hotel for all BC Team Athletes and BC Team Staff in Montreal. Athletes are encouraged to use BC Team accommodations.

Athletes wishing to make their own accommodation arrangements must notify the BC Athletics Track & Field Program Manager (garrett.collier@bcathletics.org) for approval prior to the declaration due date (see Section 3b). If approved, athletes must provide BC Athletics with the name and address of the accommodations.

PLEASE NOTE: After the declaration period any athletes who have declared to stay with BC team accommodations may be responsible for the cost of their hotel room if the change has not been approved by BC Athletics.

z. TEAM COMMUNICATION

BC Team Staff and BC Team athletes will be added to a WhatsApp group to make sure information updates are communicated to the team as soon as possible. WhatsApp group will be for athletes only.

aa. TEAM MEETINGS

Attendance to all team meetings is mandatory. There will be a Virtual Team Meeting the week prior to the start of the Championship Event. If you are unable to attend meetings, please notify your BC Team Staff Coach to review important information.

11. AMMENDMENTS

BC Athletics reserves the right to amend this Selection Criteria. If any amendments are made, they will be communicated as soon as possible though they will be highlighted and included in this document (see Section 1). BC Athletics will also communicate amendments through the BC Athletics website, BC Athletics High Performance Newsletter and Emails to declared athletes.

12. CHANGE HISTORY

There are currently no changes to this criterion since its initial posting date.

13. QUESTIONS

If you or your coach have any questions, please contact the Program Manager for Track & Field Garrett Collier at garrett.collier@bcathletics.org.

APPENDIX A

2024 BC SENIOR TEAM STANDARDS

WOMEN	EVENT	MEN
11.46	100m	10.26
23.38	200m	20.66
52.30	400m	46.47
2:02.62	800m	1:48.24
4:11.17	1500m	3:38.21
15:33.44	5000m	13:37.36
33:25.39	10,000m	28:59.50
49:30 / 1:43:00	10,000m RW / 20KM Walk	44:31 / 1:32:00
13.44	100mH	
	110mH	14.18
59.14	400mH	52.43
9:46.87	3000mSC	8:47.40
1.77m	High Jump	2.12m
4.00m	Pole Vault	5.03m
6.16m	Long Jump	7.36m
12.43m	Triple Jump	15.09m
14.67m	Shot Put	16.71m
50.34m	Discus	48.87m
62.21m	Hammer	62.88m
49.80m	Javelin	66.92m
5240 pts	Heptathlon	
	Decathlon	6560 pts